

Volume XVII Number 3 "Your Hometown Newspaper"



Agawam Public Library 750 Cooper St Agawam, MA 01001-2177

January 20, 1994



THE 1994 AGAWAM INAUGURAL COMMITTEE did a nice job putting together last Friday night's event. From left - Joann McGeoghan, David Clouse, and Maria Sutton. Advertiser News photo by Jack Devine.

School Committee Delays Decision On Early Retirement Incentive

by Kathy Cassanelli News Editor

At the request of Agawam Education Association President Gail Dion, who spoke during Citizens' Speak Time last Tuesday night (January 11th), the School Committee tabled a motion to consider participation in the Early Retirement Incentive for teachers as contained in the Education Reform Package.

Kozloski attempted to explain a spreadsheet she had prepared for the committee members to support her position that the Early Retirement Incentive would result in a savings for the town.

Johnson said Mrs. Kozloski's projected savings were based on erroneous information and failed to take into account the fact that the salaries for the committee members to support her position that the Early Retirement Incentive would result in a savings for the town.

Mrs. Dion said the union was making the request to allow for more time to gather information on the number of union members who would be interested in the incentive package, should the committee decide to offer it.

Mayor Christopher C. Johnson, who chairs the School Committee, and member Teresa Kozloski engaged in a battle of the spreadsheets as Mrs.

any new teachers hired to replace retirees would increase over the years (through the 12 step raises incorporated into the teachers' contract).

Under the Retirement Incentive Program, the individual school districts would be responsible for half of the cost of the early retirement incentive for a period of 15 years. The state would pick up the remaining costs

SEE RETIREMENT - Education Section...

Post Office Urges Residents To Clear Away Snow, Ice, & Vehicles To Insure Delivery

Walter V. Ciaschini, Agawam Postmaster (01001-9998), reminds the public that postal regulations regarding delivery of mail to rural or curbside boxes require you to keep the approach to your mailbox cleared of snow, vehicles, and other ob-

This permits your carrier to drive up to your mailbox to deposit and collect mail without leaving his/her vehicle. Both the

approach and exit from the mailbox should be cleared sufficiently on both sides to allow the carrier to drive ahead and not be required to back up the vehicle after delivery.

Your cooperation in this matter will be sincerely appreciated. If you have any questions, please contact the Agawam Post Office.

Local Officials Sworn In At Inaugural Gala

by Kathy Cassanelli News Editor

It was a night to put politics aside as members of the Town Council, the School Committee, and Mayor Christopher C. Johnson along with 175

well-wishers gathered at Chez Josef for the 1994
Agawam Inaugural Celebration.
With Congressman Richard E. Neal, State
Senator Linda J. Melconian, and State Representative Michael P. Walsh as featured speakers, town officials were sworn in during a mock ceremony by the Honorable Justice Robert L. Howarth, formerly a state representative from Spr-

Serving as Master of Ceremonies, Agawam resident Paul Sutton of TV-40 welcomed party-goers to an evening of dancing to the music of Mark's Rolling Revue, and a hot hors d'oeuvres buffet and sundae bar planned by Agawam Inaugural Committee members David Clouse, Joann

McGeoghan, and Maria Sutton.

As the first speaker of the evening, Congressman Neal offered his congratulations to the newly-elected town officials. Addressing Mayor Johnson, Neal noted, "It's a very difficult time to be in government at any level.

Neal said, "Inaugurations are a time for renewal and reflection; an opportunity to reflect on where we've been and an opportunity to renew our ties to what is always our most important function—the future.

Neal added, "The mayor's job is indeed the most difficult job in public life. At the same time, it is the most inspiring job in public life.'

To the Town Council, Neal, as a former Springfield City Councilor, said, "I wish you my best. I know in a part-time capacity you're expected to provide full-time service. You're expected at certain times to support the mayor, and at other times give reasonable criticism of the mayor. It is indeed a difficult job."

Fiscal Restraints Affect Public Office

Noting that the School Committee members have a job that is next to impossible in light of current fiscal restraints, Neal said, "Today's school committee members are caught in the middle of a vice. People are demanding changes in their school system and not quite as enthusiastic about providing the re

State Senator Linda Melconian told the School Committee the challenge of 1994 is clear: "To strive for continued excellence in Agawam under the Education Reform Act." Melconian said she is looking for input from the committee on the Education Reform Act to identify what changes are needed in the future.

Melconian said Johnson brought youth, energy, enthusiasm, and optimism to his first term as mayor. In his second term, Melconian said Johnson established the credo and hallmark of his administration as the prudent and careful management of limited fiscal resources (that did not always provide popular solutions to problems

Melconian praised Johnson for his independent style of leadership "marked by competence, toughness, managerial excellence, and a pragmatic forthrightness that is unique in any mayoral administration.

SEE INAUGURAL - Page 2...

INAUGURAL - from Page 1...

For the theme of his remarks, Representative Michael Walsh focused on the unique mix of old and new residents that have formed "a wonderful quilt" out of the fabric of the community: "We're very proud of what we have here. Agawam is still a warm and caring community that cares about its neighbors.

Walsh said Johnson has done a wonderful job as mayor: "We don't agree on every issue. We cer-tainly have had our differences on certain issues, but we have worked together on many challenges

that lay before us.'

Walsh noted that all can agree that "govern-ment is not a monolith, a faceless insensitive body. First and foremost, we're here to help peo-

Looking back on the four-and-a-half years of his administration, Johnson recalled taking office with a budget \$750,000 out of balance and facing

a cherry sheet shortfall of \$1.2 million.

"Decisions Based On What's Best For Agawam"

"I've always tried to make my decisions based on what's best for Agawam, and I think we're final-

ly turning the corner."

Citing the accomplishments of the past year

Johnson credited the Town Council and the School Committee with working cooperatively with him to advance the interests of the town.

'Working with the council, we were able to acquire the largest piece of open space in Agawam
—Tuckahoe Turf Farm. We bought Agawam
Country Club. That's nearly 400 acres of open
space we've preserved forever in Agawam."

Johnson said the School Committee has accomplished a tremendous amount of work over the last two years, including the search for a new superintendent and the negotiation of all bargain-

ing unit contracts without a strike.
"We've started the most important process that the Agawam schools will undergo in the next decade" with Ann Favreau heading the Curriculum Reform Committee.

Calling his job as mayor "my passion" (and the reason his wife, Anna, rarely sees him), Johnson challenged the Town Council to "keep the ball

"1993 was a great year ... let's let it spill over into 1994. Let's do a DPW garage. Let's do a new fire station. Let's make some additions to our schools. Let's look at our library addition. The time is now. Let's keep moving forward. Let's let

everyone in Agawam be proud to live in Agawam."
With special thanks to his wife, parents, and inlaws for their devotion during his campaign, Johnson invited the assembly to enjoy the party.





MAYOR CHRISTOPHER C. JOHNSON (left) accepts the oath of office from Judge Robert Howarth; IN PHOTO RIGHT, Johnson and his wife, Anna, are pictured with School Committee Vice-Chairwoman Linda Galarneau, Linda's husband, Tony, and Town Council President James D. Taylor. Advertiser News photos by Jack Devine.

TOWN OF AGAWAM AGAWAM PLANNING BOARD

LEGAL NOTICE

The Agawam Planning Board will hold a public hearing on Thursday, February 3, 1994 at 7:15 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of the Ag. Planning Board to amend Chapter 180, Article VII of the Agawam Town Code entitled "Business A District" with the following amendments: following amendments:

Add to Section 180-44, Permitted Uses: Section 180-44H - Drive-In Restaurants and Drive-Thru Restaurants after a Special Permit by the Board of

Appeals in conformance with Section 180-11. At no time shall less than 50 parking spaces be pro-

vided on site.

Add the following definitions to Section 180-2, Definitions and Word Usage: Restaurant, Drive-In and Drive-Thru - a restaurant which provides convenient vehicular access and may provide service to customers while in their vehicles.

Copies of these proposed amendments can be viewed or obtained from the Agawam Planning & Community Development Office or the Agawam Town Clerk's Office in the Agawam Town Hall.

By order of the Agawam Planning Board.

Charles R. Calabrese, Chairman

Published: January 20, 1994



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Letters To The Editor

Holiday Basket Project Again Success For Jr. Women

To The Editor:

The Agawam Junior Women's Club would like to thank all those individuals, organizations, and businesses who helped support our Christmas holiday basket project.

Thanks to the generous support we received, we were able to provide baskets of food to 51 needy families at Christmas. Although the individuals, organizations, and businesses from whom we received support are too numerous to name, a few deserve special mention.

Thanks to Mr. Rick Bates, Sue & Steve Manolaskis of the Corner Deli, Feeding Hills Women's Club, T.D.G.M.G. dba Tim Daggett, Allen Lawnmower, Agawam 4-H Club members and Pat Bertone-Grosse, Community Grange No. 382, Agawam Police Association and Firefighters Local, Feeding Hills Congregational, Cincotta Farms, Agawam Middle School, Phelps School, Granger School, Joan Malchowski, Town Hall offices, Agawam Baptist Church.

Also, Fitness First, Fleet Bank, Agawam Senior Center, Edwards Foods, Big Y Supermarket, Linda Kane & Family, Girl Scouts Council and Troops, Paula Burke (Treasurer's Office), Linda Michaelson (Mayor's Office), Hilda Bartnick, Kathie Kida, Mrs. Pat Luaskiewiez, Kathy Flynn, Mrs. Edward Foster, Agawam Library, Maureen Mrs. Edward Foster, Agawam Library, Maureen Borsari, Red Star Bus Drivers, and Lego Systems,

It is through the cooperation and generosity of all that we are able to provide this service to those in our community in need. Thanks for your support!

Sincerely, The Agawam Junior Women's Club

NHS Thanks Local Businesses For Help During Fundraisers

The National Honor Society at Agawam High School would like to thank a number of local businesses for helping us in our efforts to raise

Thank you to the Food Mart, Big Y, and Dunkin Donuts for allowing us to hold a can drive outside

their establishments on December 11th and 12th. We would also like to extend our appreciation to the following for donating gift certificates and other prizes for our raffle: Casa Di Lisa Ristorante, Frank Pignatare Auto Service Center, A Cut Above, Machiko's Hair and Nails, Take Five

Restaurant, Hair and Company, Country Flowers & Gifts, and Dave's Soda and Pet Food City.

Also, Partner's Restaurant, Agawam Flower & Gift Shop, Hair Impressions, Chicken Queen, Alvin's, EB's, Agawam Auto School, My Favorite Things, The Mouse House, and Frances D. Kelly Massage Therapy Associates.

We found the generosity of Agawam's businesses overwhelming and are happy to report that both projects were very successful.

Lynn Litchfield & Larry O'Brien - Advisors Rose Pignatare - President Katie Berry - V.P. Nicole DeCosmo - Secretary Katie Poulos - Treasurer

Christmas Ornaments Again

selling our 1993 ornament (the third in a series) depicting the Agawam Middle School:

Agawam Public Market, The Corner Deli, Surprise Card & Gift Shop, and Feeding Hills Public

Without your support, we would not have sold as many as we did

The Agawam Junior Women's Club

Good Project For Jr. Women

The Agawam Junior Women's Club would like to thank the following businesses who helped in

Thanks to you all.

Fire Wise

by Fire Chief David Pisano

Rules Of The Road For Emergency Vehicles

The Agawam Fire Department reminds motorists that the law requires they pull to the right-hand curb to allow emergency vehicles to pass. Failure to do so can cause serious accidents or delays in arriving at the scene of an

When you hear sirens or see red lights, pull to the right side of the road and stop. If you cannot more right, move in any direction that will allow the emergency vehicle through. Look first before moving. If there is no place to move, sit tight.

Following an emergency vehicle may seem exciting, but, in reality, is dangerous both to the emergency personnel and to yourself. Emergency vehicles often have to stop suddenly and so-

meone following too close could become involved in an accident, and emergency personnel could be injured when attempting to get out of their vehicles to respond to the call. Please heed the warning posted on the back of most fire engines which states that vehicles behind them should be at least 50 feet behind them.

If you are a pedestrian and hear sirens, stay on the curb. Do not step into the street, even after the emergency vehicle has passed. There may be more following at a distance. Keep children close to you. They may try to dart out to see the fire truck or ambulance.

For additional information, contact the Agawam Fire Department at 786-2662.

The Agawam Advertiser News

786-7747

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Master Of Ceremonies



PAUL SUTTON OF AGAWAM, the famous TV-40 weatherman, served as the master of ceremony for the 1994 Agawam Inaugural Celebration last Friday night. Related story and pictures on Page 1 and 2. Advertiser News photo by Jack Devine.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will meet on Thursday, January 27, 1994 at 7:15 PM, in the Faolin Peirce Community Room, at the Agawam Police Station, 681 Springfield Street, Agawam, MA. The purpose of this meeting will be to hear the Request for Determination of Applicability for Bay State Gas for property located on M Street Ext. on M Street Ext...

Henry A. Kozloski, Chairman Agawam Conservation Commission Published: January 20, 1994

COMMUNITY CALENDAR

Sponsored By COLONIAL FUNERAL HOME

Sunday, January 23rd Ecumenical Hymn Sing (sponsored by Agawam clergy) At Agawam Congregational Church, 745 Main Street, Agawam 3:30 p.m. Open to the public & refreshments will be served following the sing

Monday, January 24th Agawam/F.H. Chapter of AARP At Agawam Senior Center 1:30 p.m. (Refreshments served after meeting)

Tuesday, January 25th Informational meeting on vocational education At AHS cafeteria 7:00 to 8:30 p.m. (Open to interested citizens, parents, and students)

Tuesday, January 25th Agawam Historical Association mtg. & prog. on Spfld. Armory Museum Captain Leonard House, Agawam 7:30 p.m.

> Saturday, January 29th Children's program on "Animals In Winter" At Ag. Public Library 10:30 to 11:30 a.m.



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Agawam Fire Dept. Announces Two Appointments





IN PHOTO LEFT, Call Firefighter Frank Cavallo has been appointed permanent firefighter/EMT for the Agawam Fire Department. He has served on the Call Firefighter force since 1987. In addition to his firefighting duties, Cavallo will be assigned to the ambulance after a brief indoctrination. Cavallo and his wife, Stacey, and their nine month-old daughter, reside in Feeding Hills. IN PHOTO ABOVE, Michael Mercadante accepts badge from Chief David Pisano (right) and Deputy Chief William Parent, as the newly-appointed drill instructor for the AFD. Mercadante has been with the department since 1980. Advertiser News

Our classified ads are just \$10 a week for 30 words or less. Bring them to our office (Crossroad Shoppes, Feeding Hills) or mail them to us today (P.O. Box 263, Feeding Hills, MA 01030) - ADVERTISER NEWS!!!

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Agawam Obituaries

William R. Ferranti

William R. Ferranti, 78, of 101 High Street, Agawam, a retired supervisor, died in Springfield's Baystate Medical Center.

He retired in 1978 after 38 years at Rexnord Corp. (previously known as Rex Chain Belt Co. and Baldwin Duckworth Chain Co.).

Born in West Springfield, he lived in Agawam most of his life, and was a communicant of St. Anthony of Padua Church. He was an Army Air Forces veteran of World War II, and a member of the Springfield Elks.

His wife, the former Marion Schwartz, died in 1980.

He leaves a son, William R. Jr. of Agawam; a brother, Frank R.; a grandchild; several nieces and nephews, and a close friend, Dorothy Landers of Agawam

The funeral was held at Toomey-O'Brien Funeral Home and the church, with burial in St. Thomas Cemetery.

Elizabeth A. Lascala

Elizabeth A. (Morrisseau) Lascala, 45, of 26 Annabelle Street, Feeding Hills, a 15-year swing manager at the McDonald's Restaurant in Agawam, died at Baystate Medical Center in Springfield

Born in Springfield, she lived in Feeding Hills all her life, and was a communicant of St. John the Evangelist Church.

She leaves her husband, Nicholas W. Lascala; a daughter, Christine Veale of Agawam; her parents, Franklin W. and Ann R. (Wagner) Morrisseau of Agawam; two sisters, Patricia Benoit and Diane Nasiatka of Agawam

and Diane Nasiatka of Agawam.

The funeral was held at Agawam Curran-Jones Funeral Home and the church, with burial in Springfield Street Cemetery. Memorial contributions may be made to the American Cancer Society, 383 Dwight Street, Holyoke, MA 01040.

Aileen M. Abbey

Aileen M. (VanWyck) Abbey, 75, of 13 Broz Terrace, Feeding Hills, a 12-year clerk at the former Mars Department Store (which became King's Department Store), died in Noble Hospital in Westfield.

She retired in 1981.

Born and schooled in Pittsfield, she moved to Feeding Hills in 1956. She was a communicant of Sacred Heart Church, and a member of its Rosary Altar Society.

Her husband, Wellington "Bill" Abbey, died last

She leaves two sons, Richard C. and Kevin F. of Springfield; a daughter, Sharon E. Griffin of Feeding Hills; and seven grandchildren.

The funeral was held at Agawam Curran-Jones Funeral Home and in the church, with burial this spring at St. Thomas's Cemetery in Huntington.

Joseph L. Blais

Joseph Leo Blais, 84, of 1295 Elm Street, West Springfield, a retired 16-year construction worker, died at Baystate Medical Center in Springfield.

He retired in 1972. He was an accomplished fiddler, and played at many local French-American social events.

Born in LaDurantaye, Quebec, he lived in Winsted, Connecticut, and Springfield for 37 years. He moved to West Springfield in 1982.

He was a communicant of St. Theresa's Church in Agawam

His first wife, the former Marie A. Mercier, died

He leaves his second wife, Rolande J. (Bourgoing) Boucher Blais; two sons, Claude J. of Tampa, Florida, and Marc A. of Agawam; two daughters, Aline Blais of Springfield and Denise M. Toussaint of Chicopee's Aldenville section; a stepson, Paul R. Boucher of South Hadley; a step-daughter, Pauline Ann Lacroix of Ontario, Canada; two brothers, Lucien of Sherbrooke, Canada, and Romain of LaDurantaye; three sisters, Lea Blais, Lucienne Roy, and Therese Corriveau of LaDurantaye; 11 grandchildren; a great-grandchild, and

The funeral was held at Kozikowski Funeral Home and the church, with burial at St. Michael's Cemetery in Springfield.

two step-grandchildren.

Frank T. Mascaro

Frank T. Mascaro, 81, of 25 Regency Park Drive, Agawam, a 10-year employee at the former Springfield American Bosch Co. plant, died in a local nursing home.

He retired 16 years ago. He had been a steamfitter at the former Gilbert & Barker Co. in Springfield.

Born in Springfield, he lived in Agawam most of his life, and was a communicant of St. John the Evangelist Church.

He leaves his wife, the former Theresa Verteramo; two daughters, Rosalie Ross of Agawam and Carolyn Fiester of Feeding Hills; four grandchildren, and a great-grandchildren.
The funeral was held at Colonial Funeral Home

The funeral was held at Colonial Funeral Home and the church, with burial in Agawam Center Cemetery.

SEE OBITUARIES - Page 7...







Mark Smith

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2. Facilities - does the funeral home feature: ample parking, large enough visitation rooms, barrier free access for handicapped and elderly and a location

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DORIS M. ZAMAN

Doris M. Zaman

Doris M. (Glavin) Zaman, 91, of Belden Court, died Friday, January 14th, in Baystate Medical Center in Springfield.

Born in Taunton, she lived in the Boston area most of her life. She moved to Agawam in 1990. She attended Sacred Heart Church in Feeding

Hills.

She leaves her husband, Michael Zaman; a daughter, Jeanne W. Sardella of Feeding Hills; six grandchildren, including three grandsons, Richard, Peter, and Michael, and three granddaughters, Nancy Dacey, Susan Gusic, and

Doreen Dower; and six great-grandchildren.
The funeral was Tuesday morning at Colonial
Funeral Home, and in the church, with burial in
Springfield Street Cemetery, both in Feeding
Hills

Vincent DelNegro

Vincent DelNegro, 72, of 45 Maple Ave., Agawam, a retired machinist for the former Stacy Machine Co. of Agawam for 20 years, died at the home of his daughter in Miramar, Florida. After his retirement, he worked with Fred

After his retirement, he worked with Fred DeCaro & Son Landscapers of Agawam for many years. Previously, he was employed by Pratt & Whitney Aircraft Division of United Technologies, East Hartford, Connecticut.

Born in Springfield, he was a graduate of the former Trade High School in Springfield. He lived in Agawam for many years and was a communicant of St. John the Evangelist Church.

He was a Navy veteran machinist mated 3rd class of World War II, serving aboard the U.S.S. Induss. He was a former member of the Italy American Citizens Club and the Agawam Sportsman Club.

He leaves his wife, the former Mary Didomenicantonio; a daughter, Dorothy Nardi of Miramar; a brother, Thomas of Springfield, and three grandchildren and three greatgrandchildren.

The funeral was held at the Tazzini Funeral Home in Springfield, and in the church, with burial in St. Michael's Cemetery, Springfield.

Memorial contributions may be made to Hospice of Pioneer Valley, Box 51946, Springfield, 01151-5946.

Rose M. Demers

Rose M. (Vandini) Demers, 91, of 61 Highland Street, Agawam, formerly of Country View Apartments, died in Baystate Medical Center in Springfield.

She worked 45 years at the Milton Bradley Co. in Springfield, and retired in 1964.

Born in Springfield, she lived there many years before moving to Agawam in 1975. She was a communicant of Sacred Heart Church, Feeding Hills, the Agawam Golden Age Club, and the Milton Bradley 25-Year Club.

Her husband, George Demers, died in 1971. She leaves a daughter, Marguerite Luciani of Feeding Hills; two grandchildren, and three greatgrandchildren.

The funeral was held at Colonial Funeral Home and in the church, with burial in St. Thomas Cemetery in West Springfield.

Melconian Emphasizes Need To Overhaul Welfare System

Senator Linda Melconian (D-Springfield) has announced that she will continue to push for badlyneeded reforms to the current welfare system in Massachusetts. Her comments followed the State of the State address, in which Governor Weld

pushed his own plan for welfare overhaul.

Melconian stated, "Every year for the past four years, I have filed these proposals to end the welfare state as we know it. I submitted many of

these initiatives as amendments to the state budget, only to see them vetoed by the Governor. "Now that we have many of these same provisions proposed by him," she continued, "perhaps the bi-partisan support we have been lacking in past years can be achieved once and for all to get people off the system quickly and allow them to become productive and working members of

Governor Weld's proposal mirrors many of the reforms already filed by Melconian, including renaming the department the "Department of Transitional Assistance"; mandating a photo identification card for recipients; attaching the wages of welfare cheats; mandating that a parent under the age of 18 live with hisor her parent to be eligible for benefits; providing for a toll-free

welfare fraud hotline; and conducting a study of welfare plans which have been implemented in other states to ascertain cost-effectiveness, feasibility, and rate of success.

However, Melconian further proposes that once the department is renamed the "Department of Transitional Assistance," that recipients reregister under the new bureau. This will, in turn, reduce fraudulent claims.

She contended, "This provision is designed to remove those who are defrauding the system by collecting more than their fair share under false names and assumed identities. It will eliminate the double and triple dippers who make it a very costly system for all taxpayers footing the welfare bill. Those who need the assistance will not be denied it, but they will recognize that it is a system designed only as a safety net to help them through a difficult time in their lives, not as a way

Melconian also criticized the Governor on the component of his plan that cuts off cash grants for recipients and re-channels those funds to expand day care and medical care, thus forcing those individuals into the workplace. Melconian

agreed conceptually with the Governor to get the able-bodied into a life of self-sufficiency, but questioned whether the jobs needed for the plan to succeed are in fact out there in a struggling economy.

She stated, "Where do these jobs come from? The Governor is being unrealistic in his notion that the 50,000 recipients targeted can all find real work in such a tough economic climate. Our duty is to find a plan, a permanent solution, that will help bring an end to the revolving door of dependence."

Melconian emphasized that welfare reform would continue to be at the top of her list of legislative priorities. She concluded, "For many years, I have been proactive in filing measures and budget amendments that address the need for welfare reform. The time is now to join forces, legislative and executive, Democrat and Republican, and bring welfare back to where it should be: a transitional and short-term program to help people desperately in need of public assistance during a difficult period in their lives, not a permanent dependency."

Agawam Crime Prevention...

Legal Terminology

by Officer Wayne Macey Agawam Police Department

The following definitions of legal terms are again compiled from the Massachusetts criminal law reference handbook. They are intended to familiarize the average citizen with legal terms used daily in all stages of criminal and civil pro-

ceedings and investigations.

ARRAIGNMENT: A legal proceeding in which the defendant is called to a court and formally charged with a crime to which the defendant enters his or her pleas.

APPEAL: The removal of a cause from a court of inferior to one of superior jurisdiction, for the purpose of obtaining a review and/or retrial

ALLEGATION: A statement by a party to a legal proceeding setting out what he intends to prove. AUTOPSY: The dissection of a dead human body, by a person legally authorized, for the purpose of inquiring into and determining the cause of death.

BAIL: To procure the release from legal

custody, of a person arrested or imprisoned on security being taken from his or her personal appearance in a certain court on a day and in a place specified. The security may be cash, property, bond of surety

BILL OF PARTICULARS: A statement by the prosecution filed by order of the court, at the court's own request or that of the defendant, of such particulars as may be necessary to give the defendant and the court reasonable knowledge of the nature and grounds of the crime charged, such as the time and place, means by which it was alledged to have been committed, or more specific information.

CHILD IN NEED OF SERVICES: A child below the age of 17 who persistently runs away from the home of the parents or legal guardian, or persistently refused to obey the lawful and reasonable commands of his parents or legal guardian, thereby resulting in said parent's or legal quardian's inability to adequately care for and protect said child, or a child between the ages of six and 16 who persistently and willfully fails to attend school or persistently violates the lawful and reasonable regulations of his or her school.

CRIMINAL INTENT: An intent to do an act which the law denounces, without regard to the motive that prompts the act, and whether or not the offender knows what he or she is doing is in violation of the law.

CRIMINAL NEGLIGENCE: Wanton and willfull disregard of the probable harmful consequences of an act

DANGEROUS WEAPON: Any weapon capable of causing death or serious bodily injury, and used for such purpose, regardless of the purpose for which it was originally intended.

DEADLY FORCE: That degree of force likely to result in death or in great bodily injury.



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Families

Jr. Women's Club **Installs New Board** At Annual Banquet

On January 7th, the Agawam Junior Women's Club installed its newly elected board at its Annual Banquet, held at the Monte Carlo restaurant in West Springfield.

in West Springfield.

The members were sworn in by Eleanor Jean and Sue Godfey, who outfitted each member with a flashy top hat to add to the festive occasion.

Members of the governing body for the coming year are Donna Shibley (President), Liz Taylor (1st Vice President), Sue Hoague (2nd Vice President), Pat Belisle (Recording Secretary), Nancy Campi (Corresponding Secretary), and Eileen Hamre (Treasurer).

Directors are Eva Jack (Newsletter), Cindy Sanford (Publicity), Ann Woodard & Stephanie Bertagnolli (Ways & Means), and Susan Truschelli

(club photography). Federations are being chaired by the following members: Joyce Bressem Granger (Conservation), Betty Vershon & Pam Quirk (Education), Leslie McNair & Diane Donah (Home Life), and Laura Paul (International Affairs).

Some of the noteworthy events of the evening included the recording secretary, Betty Vershon, reporting on the year's major accomplishments. After which, each member was given the name of their secret pal for the past year. Next, each member selected a new secret pal for 1994 from

cards held by Sue Hoague. Congratulations were given to Liz Taylor for being elected Junior Clubwoman of the Year and to Donna Shibley for the Marilyn Perry Leadership Award, an award that is given to an individual who has given service not only to the Club, but to her community also.

Last Call Made By by Jr. Women's Club For Annual Ornaments

The Agawam Junior Women's Club recently sold several Christmas ornaments as a fundraiser to support its many donations throughout the

These ornaments depict historical buildings and landmarks in the Feeding Hills and Agawam sections of our town. The ornaments sold this year are the third in a series. The first two ornaments in the series are ball-shaped and are the style most commonly found on a traditional

Christmas tree. The 1991 ornament is white with a picture of the Captain Charles Leonard House printed on it, and the second ornament is red with a picture of the old Agawam Library. The Leonard House ornament is sold out, but there are 40 left of the

The 1993 ornament is a different design, shape, and color (gold) with a medallion hanging inside a wreath. On the medallion is a picture of the Agawam Middle School. Only 13 of these are left. Ornaments sell between \$5 and \$6.50 apiece and are in limited supply.

If you are interested in purchasing one or more of these ornaments, write to the Agawam Junior Women's Club, P.O. Box 332, Agawam, MA 01001.

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Balloon Delivery & Decorations & Party Favors

10% Discount With This Ad Exp. 2-28-94

> Valentine's Day Bouquets Home & Work Delivery Available



FRANK J. CAPUANO, president, and Jill Rullmann, an employee of Abdow's Restaurant, serve Amy Jensen and Dana Bishop to highlight the Third Annual Valentine Fun Pac Promotion from January 17th to February 14th. Advertiser News photo by Jack Devine.

American Lung Association Teaming Up With TV-40 & Abdow's For Fun Pac Promo

Mario Sakellis, Executive Director of the American Lung Association of Western Massachusetts, announced that all Abdow's Restaurants and TV 40 crottopping Restaurants and TV 40 are teaming up to sponsor the third annual Valentine Fun Pac promotion.

From January 17th through February 14th, all Abdow's establishments, TV 40, and the American Lung Association of Western Massachusetts will sell the Valentine Pacs for \$1.

Included in the Pac are eight attractive valen-

tines and eight free kids' meals for children 10 and under. These are great for students to give to their friends in school.

Since Abdow's is a family restaurant, mom, dad, and other relatives can join the children in supporting the work of the Lung Association

For more information, call the American Lung Association of Western Massachusetts at 737-3506.

Please remember that our deadline is each Tuesday at 12:00 noon. However, we appreciate it if you can possibly bring in your articles or notices ahead of time on Mondays — ADVERTISER NEWS!!!

"Does your family know what funeral arrangements you want?"

There is an easy way to make sure you have the exact arrangements you want without putting a burden on your family.

Choose the arrangements you want yourself. Through the Family Considerations program. And you can pre-pay them over time so your family won't inherit the bill.

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CURRAN-JONES FUNERAL HOMES West Springfield-Agawam

EDWARD F. DAY FUNERAL HOME Holyoke



Family Considerations plans are underwritten by United Family Life Insurance Company.

Lecture Series Slated For Storrowton Village Slate Meeting For Museum In W. Spfld.

Three entertaining evenings of history await as Storrowton Village Museum presents its annual

Storrowton Village Museum presents its annual Winter Lecture Series on January 28th, February 18th, and March 4th on the grounds of Eastern States Exposition, West Springfield.

* January 28th - "The Reshaping of Everyday Life": A presentation by Jack Larkin, chief historian of Old Sturbridge Village in Sturbridge, MA. Larkin will focus on the physical evidence of change in rural and urban 19th century America.

* February 18th - "Johnny Appleseed": Dandy Bro of Huntington, MA, will perform a first-person character presentation as "Johnny Appleseed" as she imparts the legends and truths about this Bay

she imparts the legends and truths about this Bay

State native.

* March 4th - "Fireside Games at Storrowton":

A cozy evening of old-fashioned games and pastimes take place in historic Potter Mansion. This entertaining evening of 18th and 19th century game-playing is complete with refreshments serv-

ed by candlelight, enhanced by the glow of crackling fires. Reservations for this event are required.

The cost is \$3 per person for the January 28th and February 18th performances; the cost for the March 4th evening is \$4 for adults and \$3 for children (ages three to 12). Reservations may be made by calling (413) 787-0136. Tickets will also be available at the door.

Basement Thrift Store Opens In Agawam By Swk. K Of C Council

Southwick's Fr. Thomas A. Shea Council 11178, Knights of Columbus, has opened a basement thrift store in Agawam at 65 Mill Street.

The store began operation on Saturday, January 15th. The hours of operation are 10:00 a.m. to 4:30 p.m., Monday through Friday; and 10:00 a.m. to 3:00 p.m., Saturdays.

Used furniture, clothing, and appliances will be on sale. Donations gratefully accepted; please call Ken Stark at 562-5931 for arrangements, or the store at 786-0413.

The Fr. Shea Council, recently chartered in October 1993, has received a great deal of support from the John F. Kennedy Council 5585 in Agawam, and their Grand Knight, Clem Tynan. Under the guidance of Lewis J. Campagnari, Grand Knight Fr. Shea Council, it is hoped to serve the needy with proceeds from sales at the thrift store

Ag. Library Has **Family Programs**

The Agawam Public Library invites Agawam and Feeding Hills families to stop by at 750 Cooper Street or call 789-1550 to register for any of the following programs:
Check Out A Book, Create A Craft

Join them on Saturday, January 22nd, anytime between 11:00 a.m. and 3:00 p.m. Kids aged three and up who check out a book on their own library cards can create a snow scene craft in the library

Reserve a kit early.

Animals In Winter

The library invites you to a special program on Saturday, January 29th, from 10:30 to 11:30 a.m. There will be great winter stories and some live animals brought to the library through Forest Park's Zoo-On-The-Go program.

You may even get to know about boa constric-



The Galleria Shoppes 360 North Westfield Street

Feeding Hills, Mass.

Ag./F.H. AARP Jan. 24 At Senior Ctr.

The Agawam/Feeding Hills chapter of AARP will meet on Monday, January 24th, at 1:30 p.m. at the Agawam Senior Center. Refreshments will be served after the meeting.

The chapter welcomes all senior citizens (ages 50 and older) to join. Annual dues are \$3. The chapter meets every fourth Monday of the month.

Retirement Party Set For Fire Chief Jenks

A retirement party for Agawam Fire Chief Rusty Jenks will be held on Friday, February 11th, 1994, at the Storrowton Village Carriage House in West Springfield.

The party will begin at 6:30 p.m. and run until 12:30 a.m. The donation is \$25 per

For tickets, contact Fire Chief David Pisano at the Agawam Fire Department,

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ANGELA M. SHUMAN

Angela M. Shuman To Wed Gary A. Grout

Mr. and Mrs. Philip W. (Joan C.) Shuman of Arbor Lane, Agawam, are pleased to announce the engagement of their daughter, Angela M. Shuman, to Gary A. Grout.

The bride-to-be, who currently resides in Agawam with her parents, is a 1987 graduate of

Williams Place

815 Williams St.

Cathedral High School and received her BA in accounting from Western New England College in 1991. She is currently enjoying her employment as manager of the Agawam Flower Shop. The prospective groom, who currently resides

with his parents, Almon and Elizabeth Grout of Beekman Drive, Agawam, is a 1987 graduate of Wilbraham-Monson Academy and received his BA in accounting from Western New England College in 1991. He is currently enjoying his employment in the financial offices of All For A Dollar, Inc., in Chicopee.

The couple is planning an August wedding.

Harsh Winter Weather Means **Extra Care For Your Pets**

The Massachusetts Society for the Prevention of Cruelty to Animals (MSPCA) has issued the following winter pet care tips to ensure a safe, healthy winter for pets.

· During extreme cold, all pets should be taken inside. This is where most pets are happiest and safest ... indoors with human companionship. Trips outside should be shortened to prevent

 Older or ill pets, pets not acclimated to the cold, and certain short-haired breeds of dogs should not be left outdoors.

· If pets live in an outdoor shelter, ensure that the shelter is free from leaks and drafts, has dry bedding at all times, and is large enough for the animal to stand, turn, and lie down. The floor should be elevated from the ground and the entrance should have a flap that blocks wind and rain and faces southwest.

 Short-haired dogs such as greyhounds, chihuahuas, and clipped poodles need extra protection when outside. Dog sweaters or other protective clothing will make these pets more com-

 Caged pets such as birds, hamsters, and guinea pigs are especially sensitive to cold drafts. Keep their cage in a warm, draft-free area of the

 Prevent antifreeze poisoning in pets and children by keeping bottles stored in a pet-proof cabinet and cleaning up spills immediately. The sweet-tasting green liquid is tempting to pets and most often, fatal if swallowed. Pets must see a veterinarian immediately if antifreeze poisoning is

Leash and supervise pets when outside to prevent them from straying onto thin ice or into busy sledding areas where they may be hurt. This will also prevent road accidents, encounters with other animals, and pets becoming lost.

Rabbits living outside need hutches that are secure from the elements. The "sleeping box" part of the hutch should have a flap over the entrance and dry, clean bedding inside, as well as a solid floor (non-wire). The bedding should be checked daily and always have fresh water and food available.

 Cats and small dogs also face another danger when left outdoors and unsupervised—they may try to escape the cold or other animals by climbing into the warm wheel wells or engines of cars. Before starting the car, rap on the hood or press the car's horn to alert any sleeping or hiding animals.

· Rock salt and ice often collect in pets' foot pads. Wipe pads with a warm cloth after every trip outside to prevent irritation.

· Check outdoor water bowls and troughs often-ice may form leaving animals without

· Rabies is here in New England. Now is the best time to have cats and dogs vaccinated for rables as required by state law.

· Spay or neuter dogs and cats. Help prevent the many unwanted litters of puppies and kittens already pouring into shelters. And help increase the odds for those shelter animals already in need of loving homes.

If you suspect that an animal is not provided with proper shelter, food, or water this winter, or if you believe an animal is the victim of any type of abuse or neglect, call MSPCA Law Enforcement: (617) 522-6008 in the Boston area, or in Massachusetts: 1-800-628-5808.

For more information on winter pet care, call the MSPCA at (617) 522-7400.

PLEASE REMEMBER that our deadline is every Tuesday at noontime. We appreciate those who bring in their copy on Monday.

Check our classified

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Center Square

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— The Galleria Shoppes -360 North Westfield Street, Feeding Hills, Mass.

Beer Specials

Keystone Beer - \$8.99 Plus Deposit

Miller - \$10.99 Plus Deposit

Busch Beer - \$10.99 Plus Deposit

Miller Lite - \$12.99 Plus Deposit

Molson & Labatt (12 Pk.) \$8.99 Plus Deposit

Wine Specials

Columbia Crest Chardonnay - \$3.99 Sutter Home White Zinfandel - \$3.99

Glen Ellen White Zinfandel - \$3.99

Gallo White Zinfandel & White Grenache (1.5 L) - \$5.99

Inglenook 3 L - \$7.99 Carlo Rossi 4 L - \$7.99

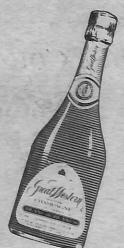
Gallo Cellars 3 L - \$6.99

Almaden 4 L Box - \$8.99

Sutter Home White Zinfandel (1.5 L) - \$6.99

Ballatore Spumonte - \$4.99 Cook's Spumonte - \$3.99

Great Western - \$7.99 Freixenet - \$7.99



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Friends Of Homeless Seek Contributions To Fundraising Effort

Since Friends of the Homeless, Inc., first opened the Worthington House Shelter in 1989, hundreds of homeless people have received a safe environment to live while receiving a wide variety of support services to put their lives back together.

The Friends need your help to make a difference in our community's homeless situation.

Every penny contributed will go directly to supporting the positive programs and services provided by Friends of the Homeless.

Please contribute to the Friends of the Homeless "Million Penny Campaign" NOW! It's easy to make your contribution:

1. Pledge a direct contribution to Friends of the Homeless by calling Friends of the Homeless toll-free at 1-800-419-2828, or send your check to Friends of the MAN 1105 Springfield, MA 01105.

2. Invite your employees to make individual contributions to the "Million Penny Campaign"; and...
3. Purchase tickets to the Springfield Indians

Hockey Game on January 29th, 1994.
To purchase hockey tickets, call toll-free (24 hours a day) 1-800-419-2828 (MasterCard/VISA accepted). Tickets are \$10 each, with \$5 from each ticket sold being donated directly to the "Million Penny Campaign"; these special tickets can only be purchased through Friends of the Homeless or the toll-free number.

Take action today—call 1-800-419-2828!

Kristin L. Heyman To Wed Dana Orsucci

Mr. and Mrs. Drew Heyman of Ottawa Street, Agawam, announce the engagement of their daughter, Kristin L., to Dana Orsucci, son of Mr. and Mrs. Joseph Orsucci of Feeding Hills.

The bride-to-be is a 1989 graduate of Agawam High School and a 1993 graduate of Framingham

State College with a degree in psychology.

The prospective bridegroom is a 1989 graduate

of Agawam High School and is currently pursuing a degree in nursing.
A May 1995 wedding is planned.

Ag. Historical Asso. To Meet January 25th

The Agawam Historical Association will hold its next meeting on Tuesday, January 25th, at 7:30 p.m. at the Captain Charles Leonard House,

Agawam. The guest speaker will be Mr. Don McTernan, curator of the Springfield Armory Museum. He will give a slide overview of the historic significance of the museum and also discuss the upcoming events to celebrate the 200th anniversary.

The public is invited.

Knitting Guild Slates Mtg. For January 25th

The Greater Springfield Knitting Guild will hold its monthly meeting on Tuesday, January 25th, 1994, at 7:00 p.m. at The Yarn Shop, 360 North Westfield Street, Feeding Hills, MA.

The topic of the month will be "Casting On."

All knitters, both beginners and advanced, are

welcome. For further information, contact Sally at 536-2273 or Martha at (203) 745-5870.

Check our classified



Call 532-2699 Or 734-0711 For Free Estimate

PLEASE REMEMBER that our deadline is every Tuesday at noontime.

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Any Large Combination Pizza **\$2 OFF**

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George's Pizza - Agawam Limit One Coupon Per Customer, Per Day

> Dinner Coupon Includes Salad And Bread \$1.50 OFF Any Dinner

> > With Coupon Only (Expires 1-26-94) George's Pizza - Agawam Limit One Coupon Per Customer, Per Day

Dinners

Prices Starting From \$4.50 - \$6.00

Manicotti Spaghetti or Shells w/meat sauce w/meatballs w/sausage w/veal patty w/chicken parmigiana Eggplant Parmigiana Stuffed Shells Meat Ravioli Cheese Ravioli Homemade Lasagna

All Above Dinners Include Salad & Bread

Fried Chicken with fries, salad & bread Fish & Chips w/salad & bread

Lunch Specials Monday - Friday 11:00 A.M. - 2:00 P.M.

Small Pizza From \$4.50 - \$7.50 Large Pizza From \$7.50 - \$11.50

Cheese Anchovies Hamburg Combo 2 Pepperoni Combo 3 Sausage Combo 4 Mushrooms Special Onions Extra Cheese Peppers

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Open 7 Days Monday - Thursday 11:00 A.M. - 8:00 P.M. Friday And Saturday 11:00 A.M. - 8:30 P.M. Sunday Noontime - 8:00 P.M.

Ag. Senior Center's Weekly Lunch Menu

Monday, January 24th: Cream of: potato soup, pizza (hamburger, cheese, pepperoni), tossed salad, apple.

Tuesday, January 25th: Grape juice, shepherd's pie, carrot coins, oatmeal bread, mixed fruit.

Wednesday, January 26th: Baked chicken leg, sweet potato, peas, whole wheat bread, oatmeal cookie.

Thursday, January 27th: BBQ pork rib, potato rounds, butternut squash, pumpernickel bread, applesauce with raisins.

Friday, January 28th: Baked fish, potato fries, spinach, rye bread, canned peaches.

(Menus subject to change without notice.)

Pet Owners Sought By Heritage Hall

Heritage Hall Nursing and Rehabilitation Center, along with Visiting Pets are currently recruiting interested pet owners who would like to volunteer their time to Heritage.

One-on-one or group visits can be arranged with you, your pet, and residents of Heritage who are

unable to have a pet of their own.

Your visit will not only be therapeutic and fun for Heritage residents, but a wonderful contribu-

Call Nancy Purnell of Visiting Pets at 599-1437 or Brenda Marsian of Heritage Hall at 786-8000 for

Heritage Hall Notes Martin Luther King Day



RESIDENTS OF HERITAGE HALL EAST decided to celebrate the Martin Luther King Holiday by contributing to the needy. The residents held a clothing drive and made-up individual care packages. From left - Bobbie Andrews, George Breault, and Julie Buchanan. Advertiser News photo by Jack Devine.

For West Side Jan. 29

The American Academy of Ballroom Dancing, 1702 Riverdale St., West Springfield, will hold its next public dance on Sunday, January 29th from 2:00 to 5:00 p.m.

Music will be provided by Dan Kane & Bruce Heinicke. A group class will be held and refreshments will be served.

Admission is \$5.

Ballroom Dancing Set Mass. Citizens For Life To Meet January 25th

The Agawam Chapter of Mass. Citizens for Life will meet on Tuesday, January 25th, 1994, at 7:30 p.m. at the Agawam Police Station Community

All are welcome. For more information, call 789-

Please remember that classified ads are \$10 for 30 words or less. Thanks

Bulletin!

Bulletin!

Bulletin!



Pamela Paro

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833 Springfield Street Feeding Hills, MA

Would Like To Announce That Licensed Massage Therapist Barbara Belliveau Will Be Sharing Her Studio As Of February 1, 1994 Barbara Is A Graduate Of The Connecticut Center For Massage Therapy And Specializes In A Holistic Approach To The Treatment Of Back Pain, Muscle Tension, And Stress-Related Disorders.

Barbara Is Also A Member Of The American Massage Therapy Association.

Call Now To Schedule Your Yoga Classes And Therapeutic Massage!

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Large Selection Baseball Cards

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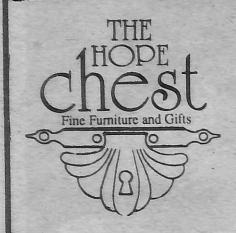
Famous Mrs. Murphy's Donuts

Donut & Coffee 75°

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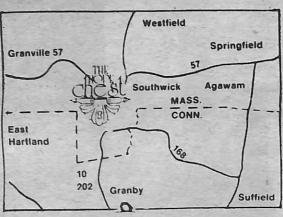
Mass. Lottery (All Games)





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Church News

Annual Ham & Bean Supper At Ag. First Baptist



KITCHEN WORKERS for the Annual Ham & Bean Supper by the Agawam First Baptist Church included Shirley Goss and Norm Roberts. Advertiser News photo by Jack Devine.



CHECKING OUT THE DESSERT TABLE at the Agawam Baptist Church on January 15th were Alice Ruddock (left), Barbara Wright, and Nancy Edwards. Advertiser News photo by Jack Devine.

David A. Ladizki,

Attorneys At Law

General Law Practice Including

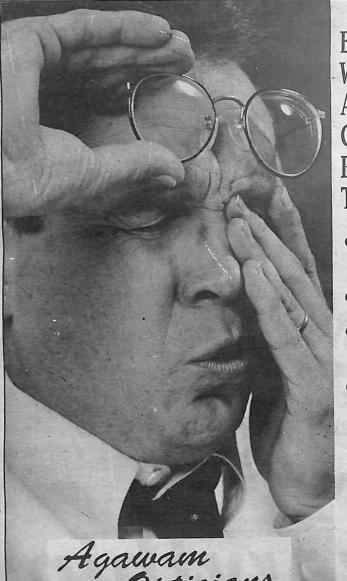
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46 Suffield Street Agawam (413) 786-9000 FAX (413) 786-0236



CHARLES & VIRGINIA HEYL enjoy their Ham & Bean Supper at the Agawam First Baptist Church on January 15th. Advertiser News photo by Jack Devine.

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Church News - continued...

Ag. Congregational's **Calendar Of Events**

The Agawam Congregational Church, 745 Main Street, Agawam, announces that its 3*2*1 KON-TACT (kindergarten through third grade) will celebrate the Chinese New Year—"Year of the Dog"—at its meeting on Saturday, January 22nd, from 5:00 to 7:00 p.m. See you there!

A new member class will begin Wednesday night, January 26th, at 7:35 p.m. All are welcome to attend these informative sessions about the mission and ministries of the church.

The series "Our Sexuality-God's Good Gift" (for seventh through ninth graders) will continue on the following Thursday evenings at 7:00 p.m.—January 27th, February 3rd, February 10th, and

February 17th. Rev. Fuller and Corinne Colman, Youth Director, will be leading this series.

Come sail with the Agawam Congregational Church at its February Vacation Bible Camp ... "Pirates For Christ," on Friday, February 25th,

from 9:00 a.m. to 12:00 noon.

Children ages two through the fifth grade are welcome to attend. Call the church office at 786-7111 to register; cost is \$2 per child, and \$5 for a family of three or more.

Puppet Program Slated For Bethany Church

The Life Action Puppets will be appearing at Bethany Assembly of God, 580 Main Street, Agawam, MA, on Saturday, January 29th, at 2:00 p.m., and Sunday, January 30th, at 9:00 a.m. and

This professional puppet team, directed by Jim and Sharon Lovenduski of Burlington, New Jersey, has performed for over one-half million people throughout the United States and in foreign countries. Using their large, TV-style puppets, they have also performed on Philadelphia-area TV channels and many local cable stations.

Appearing in schools, churches, and conventions, the Life Action Puppets are more than just a puppet group. Using a mixture of dramatic skits, humorous stories, and heartwarming songs, the team will capture your heat and leave you wanting

There is something for the whole family, so come and see a spectacular show by one of America's best-loved traveling puppet teams, the Life Action Puppets. For more information, call

Ecumenical Hymn Sing On Sunday, Jan. 23rd At Ag. Congregational

The public is invited to attend an Ecumenical Hymn Sing, which is scheduled to be held on Sunday, January 23rd, at 3:30 p.m. at the Agawam Congregational Church. The Agawam clergy are

sponsoring this afternoon of song and fellowship.
Homer Wright of the First Baptist Church will
sing two solos. Rev. Ray Korndorfer, Interim
Pastor of the Feeding Hills Congregational
Church, will deliver a meditation on Christian will, entitled "There is a Time ... "

Refreshments will be served following the Hymn Sing in the Agawam Congregational Church's Parish Hall, prepared by the church's Friendship Committee.

Valley Community's January Calendar

Sunday, January 23rd: Sunday Worship & Sunday School, 10:00 a.m. Rev. Stephen Dennehey, visiting

Sunday, January 30th: Sunday Worship & Sunday School, 10:00 a.m. Rev. Stephen Dennehey, visiting

Sunday, January 30th: Pot Luck Luncheon following Sunday Worship.

Ag. Congregational Slates Chicken Dinner

The Merriweds of the Agawam Congregational Church are serving a boneless breast of chicken dinner on Thursday, February 17th. There will be one sitting at 6:00 p.m.

Tickets are \$7 for adults, and \$4 for children under 12 years of age. For reservations, call Alice Orr at 786-7114 (reservations close February 14th).

Feeding Hills Congregational Church Lists Programs For Next Week

The Rev. Raymond H. Korndorfer's sermon will be "Moments of Kaisof" at the Feeding Hills Congregational Church on Sunday, January 23rd, at the 10:00 a.m. worship service.

On Sunday, January 23rd, the Annual Meeting of the Feeding Hills Congregational Church will be held at 12:00 noon. Reports will be received from the clerk, treasurer, church school superintendent, and all standing committees.

Preceding the meeting, a buffet luncheon will be served immediately following the church ser-vice. Members are asked to bring either a casserole or salad. Child care will be provided.

The Rev. Raymond H. Korndorfer will be the guest speaker at the Ecumenical Hymn Sing to be held Sunday, January 23rd, at 3:30 p.m. at the Agawam Congregational Church. The title of his sermon will be "There is a Time For..."

The Agawam clerby are sponsoring this after-

noon of song and fellowship.

The junior choir will rehearse immediately following the church service.

Sunday School classes for all age groups and morning worship are held each Sunday at 10:00 a.m. at the Feeding Hills Congregational Church. Nursery service is available, and visitors and friends are cordially invited.



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For Your Health

Providence Hospital To Host "Elder Sunday Prog." On Jan. 23rd

Providence Hospital will host this month's Elder Sunday Program on Sunday, January 23rd, in the Providence Hospital Auditorium. Wendy Murakami, R.N., M.S., C.S., Gerontological Clinical Nurse Specialist at Mercy Hospital, will be the guest

speaker at this program.

Ms. Murakami will present an informative program entitled "Stroke Prevention and Recovery," focusing on issues such as the causes of strokes, risk factors, prevention strategies, stroke warning signs, and general treatments (including types of

Also, Eileen Frink, registered physical therapist at Mercy Hospital, and Chris Sholdis, registered occupational therapist at Mercy Hospital, will address stroke recovery and rehabilitation through a hands-on demonstration of assistive devices and equipment designed to help stroke victims regain mobility and function.

Mass (optional) will be celebrate at 9:15 a.m., followed by the presentations by Ms. Murakami, Ms. Frink, and Mr. Sholdis with lunch served afterwards. The program is open to the public and there

To register or for more information, contact Shirley O'Neill at 539-2474 or call the Social Work Department at 539-2861.

Health Promo Lecture To Be Held Jan. 26th At Heritage Hall

Heritage Hall Nursing and Rehabilitation Center is sponsoring the first 1994 Health Promotion lecture on January 26th, beginning at 2:30 p.m. at Heritage Hall North's first-floor solarium

at 55 Cooper Street, Agawam.
Dr. Vicki Peters will explain the physician network available to residents of Heritage and provide some insight on Alzheimer's disease and other forms of dementia.

The community is welcome to attend and refreshments will be served. Call Regina Bossig at 786-8000 to make your reservation.

Head Injury Support Group To Meet At **Mercy Hospital**

The Weldon Center for Rehabilitation at Mercy Hospital sponsors a monthly support group for head injury patients, their families, and friends. The next receing will be conducted on January 26th from 7:00 to 9:00 p.m.

This monthly meeting will include an open discussion for members to share interests and concerns. Refreshments will be served.

The group is offered as a community service and is free of charge. The meeting will take place in the Breck Room of the Deliso Conference Center at the hospital.

For more information, contact Joanne Sullivan at 748-6990.

Simply The Perfect Opportunity ...

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Looking for a perfect opportunity to work flexible hours? Here is your chance to begin an exciting as well as challenging position. Neighbor to Neighbor is looking for someone who would like to make a difference in your community by welcoming newcom-

Openings for Enfield and Suffield. If you would like a position that offers financial gain as well as social reward,

call: 1-800-474-7777



Food Thought

by Nancy Dell Registered Dietician

Natural Food Remedies For Colds & Flus

The sights and sounds of winter go beyond fluffy white snow and holiday cheers to watery eyes, noses redder than Rudolph's, and choruses of "ah choo" echoing through the halls. According to government agencies, a child will suffer an average of six colds a year, while adults will average at least two.

Folklore remedies for cold symptoms abound. But, here are some that stand up to scientific

RUSSIAN HORSERADISH TODDY

Lung specialists at UCLA say this horseradish recipe can sooth and heal a sore throat when you sip it or gargle with it:

Add one tablespoon of fresh horseradish, one teaspoon of honey, and one teaspoon of cloves to a glass of warm water. Stir often to keep the horseradish from settling.

SPICY LARYNGITIS COOLER:
Laryngitis is the inflammation of the larynx, or voice box. USDA's expert on medicinal plants, Jim Duke, Ph.D., says compounds in this drink are

To a glass of pineapplé juice, add a pinch of ginger, nutmeg, rosemary, and spearmint. Stir and drink. If desired, add thyme, cardamon, or licorice, too. (Note: if you have high blood pressure, skip

GARLIC - PLAIN AND SIMPLE:

Garlic may help you fight the cold war by actually killing the virus that causes a cold, according to microbiologists at Brigham young University sity. The book "Natural Health, Natural Medicine" suggests you cut a few garlic cloves in chunks and swallow them like pills.

If it gives you flatulence, eat less. Start this remedy at the first sign of a cold and you may scare it off altogether.

BREATHE EASY "PUNCH":

This drink is not made with fruit juice like most "punch." But, it's called a "punch" because it gives you a little punch when you drink it! It will break up congestion and flush out your stuffy

Sprinkle 10 to 20 drops of Tabasco sauce in a glass of water. Drink it or gargle with it. It tastes better than it sounds!

EDN corporation says the most severe cold and flu activity occurs from December 28th to February 22nd, with peak activity taking place the week around January 25th.

Rather than running to the pharmacy to stock up on remedies, you can turn to your "food pharmacy" and stock up on garlic, horseradish, and spices.

Better Breather Support Group To Meet January 26th

On Wednesday, January 26th, the Better Breather Support Group for people with C.O.P.D. (asthma, chronic bronchitis, or emphysema), will meet at Mercy Hospital, Medical Staff Room, Joseph Deliso Conference Center, 271 Carew Street, from 1:00 to 3:00 p.m.

The subject for this meeting will be "Safety Issues At Home," presented by Thomas Ryan of Suffield Oxygen Company. These meetings are free of charge and open to anyone who is affected by lung disease, families, and friends.

For more information, call the American Lung Association, 737-3506, or Mercy Hospital Respiratory Department, 748-9610.

Mercy Hosp. Stroke **Support Group To** Meet January 24th

The Weldon Center for Rehabilitation at Mercy Hospital will be sponsoring its monthly Stroke Support Group on Monday, January 24th, from 7:00 to 9:00 p.m. in the O'Hara Room of the Deliso Conference Center at the hospital.

All individuals who have had a stroke, as well as their family members, are invited to attend. The group is open to the public as a community service, and there is no charge.

For more information, call 748-6800.

Pulmonary Support Group Slates Meeting For January 26th

Mercy Hospital will sponsor its monthly Pulmonary Support Group meeting on Wednesday, January 26th, from 1:00 to 3:00 p.m. in the Medical Staff Room of the Deliso Conference Center at the hospital.

People with lung disease and their families are invited to attend an afternoon of sharing and learning about better living with lung disease.

Refreshments will be served. For more information, call (413) 748-9610.

Mastectomy Choices At Providence Hosp.

Providence Hospital and the American Cancer Society are co-sponsoring a presentation on "Breast Prostheses: Choices After Mastectomy Surgery" on Monday, January 24th, at 7:00 p.m. in the Providence Hospital Auditorium.

Guest speaker Christine Keaney, sales and marketing representatives at Footit Surgical Supplies in Springfield, will be addressing issues such as the emotional aspects involved in overcoming a mastectomy.

Keaney will also have a display of various breast prostheses and will discuss the different

This program is free and open to the public. For more information, please contact Sr. Madeleine Joy, S.P. at 536-5111.





Spotlight On Business

Gerald Hines Financial Can Help You Build "Financial Pyramid"

Gerald T. Hines Financial Services, located at 430 Main Street, Suite 100, Agawam, offers personal service to those who are looking to build their financial pryamid.

Hines, a Feeding Hills resident, says the major objectives of his firm include - focusing on the client's financial needs; maximizing their present financial plan; and coordination of present and future plans.

Hines said, "Since 1986, this company has provided solutions to meet our client's needs. We understand through listening and provide products of the highest quality that solve problems.
"Our business has been built on personal refer-

rals. We accept nothing less than your complete satisfaction. Referrals are an indication of that satisfaction and is the best way of measuring success," said Hines.

Personal products and services provided by Gerald T. Hines Financial Services include life insurance, health insurance, disability insurance, retirement planning, estate planning, and taxsavings plans.

Business products include employer benefits, employee benefits, business continuation, and tax concepts.

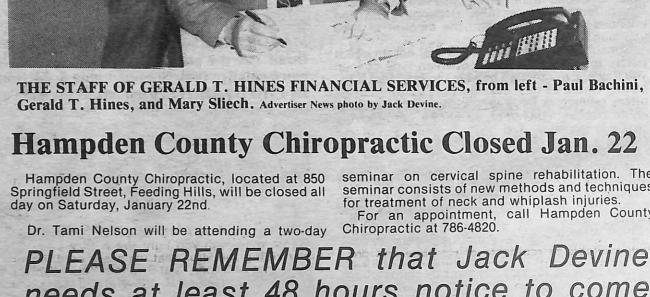
Also, Gerald T. Hines Financial Services specialize with the following groups of people -Bell System employees, municipal workers, school teachers, chiropractors, dentists, and small businesses.

"Whether it is an individual or a business owner, if we have done our job well, we have created an estate. Therefore, comprehensive estate preservation should be in order. We coordinate this phase of financial planning as well," Hines told us.

Hines said the firm provides complete and confidential consultation by asking and answering questions and making certain that both the firm and the client fully understands the problem. "We always review and update our financial plans regularly," said Hines. "In this way we make sure our clients our fully aware of their financial seminar on cervical spine rehabilitation. The seminar consists of new methods and techniques for treatment of neck and whiplash injuries.

For an appointment, call Hampden County

needs at least 48 hours notice to come out and cover your event. Call Jack at 789-0053. Jack has all of the negatives, so call him for glossy copies of photos.



Best local news...

lebrate Gur 4th Year Anniversal

Sundays Open House • Try our Facility FREE each Sunday Jan. 2nd - 30th, 1994! Every Sunday - Dollar Day • Tanning every Sunday for only \$1

Start Your New Years Resolution at Healthy Habits! Bring your friends and guests pay \$1 for the day!





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Spotlight On Business - continued...



John Schuler realtor



Newschu Real Estate, Inc. 20 Southwick Street, Feeding Hills

Shop For The Mortgage That's Right For You

As the mortgage interest rate continues to remain at nearly a 20-year low, first-time buyers are expected to proliferate the housing market. But, before agreeing to mortgage terms and conditions, real estate professionals recommend weighing the different types of mortgages lenders have to offer

The first thing to consider when choosing a home loan is the difference between a fixed and variable interest rate. A fixed rate mortgage sets the interest at the same rate for the life of the loan. A variable rate mortgage changes on a intern basis, as national interest rates fluctuate up or down. Choosing between these two can make a big difference financially, depending on the economic environment and the amount of time you plan to carry the loan.

Consult with your lender and real estate agent before making a decision on which type of loan you'll use. Even though it seems logical that a fixed rate would be best during a time of low interest rates, several variable rate loans can offer maximum cap and payment advantages that could save you money.

A good option for those with a transient lifestyle are adjustable rate mortgages (ARMs). Adjustable rate mortgages are currently the most popular variable rate loans. ARMs offer a low interest rate (usually lower than the market average) at first, then the interest rate fluctuates with the market after a pre-designated period of timeusually a few years.

If you choose a fixed rate mortgage, there are several time periods of payment to choose from, such as 10, 15, 25, or 30 years—the latter being the most popular. However, the shorter the period of the fixed loan, the less time it takes to build equity.

If you plan on staying in your home for more than a few years and can afford it, consider opting for the shorter term mortgage; it's not as expensive as many potential homeowners might believe.

For example, the monthly payments for a 15-year fixed rate mortgage are usually around 20-plus percent higher than those for a 30-year mortgage. That's not bad if you consider that you will cut the time it takes to fully own your home in half. The shorter term loans may require more points or higher standards for approval.

Many factors can affect your decision-your confidence in job security, income, how long do you expect to stay in the house you're buying, and what you expect the economy to do in the future.

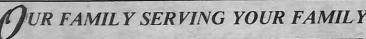
Look at all the options available, work closely with your lender and real estate agent to work through the calculations—then make the best informed choice for your financial future.

Ribbon Cut For New Super Stop & Shop



MAYOR CHRISTOPHER C. JOHNSON (photo below, center) helps Super Stop & Shop officials cut the grand opening ribbon on January 7th. Members of Town Council and a representative from Senator Linda J. Melconian's Office, Rosemary Sandlin, also attended. IN PHOTO ABOVE, members of the store's management team pose for a photo. Advertiser News

photos by Jack Devine.





Toomey-O'Brien **FUNERAL HOME**

JOHN B. O'BRIEN, Jr.

FRANCIS X. O'BRIEN SOME THOUGHTS ON PLANNING AHEAD

The purpose of planning ahead is simple. One day a great deal of vital information about you or a loved one will be needed by your family and those persons responsible for assisting them.

A pre-planned funeral service can make you and your family more com-fortable by knowing that personal wishes can be fulfilled and unnecessary

difficulties avoided. The Toomey-O'Brien Funeral Home will be glad to assist you in making pre-need arrangements.

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The Yarn Shop of Feeding Hills has winter hat kits that we're offering to knitters at no cost.

Simply pick up your kit with pattern at the Yarn Shop, knit a cozy winter hat, and return to us. We'll rush it to the Rescue Mission on Bliss Street in Springfield.

For each hat you knit, you get a 5% OFF Coupon (Maximum five bats/coupons). That's savings of up to 25%! Promotion ends 2-28-94





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Spotlight On Business - continued...

Hallmark Keepsake Ornament Collectors To Form Local Club

Area collectors of Hallmark Keepsake Ornaments will meet to organize a local ornament collecting club. Surprise! Card & Gift Shop, located at 838 Suffield Street, Agawam (Rt. 75 at Southgate Plaza), is the club's sponsor.

Southgate Plaza), is the club's sponsor.
The organizational meeting, which is open to the public, will be held at the Captain Leonard House, 663 Main Street, Agawam, on Wednesday, January 26th, beginning at 7:00 p.m.

January 26th, beginning at 7:00 p.m. Refreshments will be served.

According to Bob McElligott, owner of Surprise! Card & Gift Shop, the club is being formed to bring together people who share a love for Hallmark Keepsake Ornaments, and to provide a forum for them to share their joy in collecting.

Membership benefits will include social and educational opportunities, a close link to the national Hallmark Keepsake Ornament Collector's Club, and much more.

Collecting Christmas ornaments has become one of the fastest growing hobbies in America. More then 110,000 active members are in the national Hallmark Keepsake Ornament Collector's Club.

For additional information on the upcoming meeting, please contact Surprise! Card & Gift Shop at 786-2407

Children's Giving Tree Provides Over 31,000 Presents To Needy Kids

The greater Springfield community donated a record 31,407 ornaments to the 10th Annual Children's Giving Tree, located at The Shops at Baystate West in Springfield, MA.

The ornaments were made and given by schoolchildren, scouting groups, social and civic groups, religious groups, senior centers, and individuals. For every ornament received, Milton Bradley Company donated a game or toy to a needy child.

George & Green Recognizes Agents



KATHY AYRE (left), manager of George & Green Real Estate, Agawam Center, was pleased to present top awards for the Month of December to the following agents - Laura Stevens and Chet Kasperek as "Top Listing Agents," and Cindy Krolicki as the "Top Selling Agent."

Please remember that our deadline is every Tuesday at noontime. Thanks.

Check our classified pages today

TEAM WORK

"For we are labourers together with God." 1 Corinthians 3:9



At *St. David's* we believe that God's work involves many different individuals with a variety of gifts and abilities. There are no super stars in this task, only team members performing thier own special roles.

As the **body of Christ**, we can accomplish more together than we would dream possible working by ourselves. Please, join us in a faith that works; "don't try to do God's work alone." (Ephesians 4:12-13)

St. David's Episcopal Church

Worship Services: Sunday, 8 & 10 A. M.; Saturday, 5 P.M. Sunday School & Nursery: Sunday 10 A.M.

Healing Service: Wednesday 8 P. M.

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Arts



Pisano's Picks...

ON VIDEO

by Louis Pisano

Peeping At Tom

With the release of the critically acclaimed Philadelphia, an AIDS drama starring Tom Hanks, I suggest that you rent some of his other films that not only illustrate this actor's versatility, but also prove to be quite entertaining.

The 'Burbs

Director: Joe Dante. 1989. Rated PG. 1 hour and 42 minutes. Starring: Tom Hanks, Bruce Dern, Carrie Fisher, Rick Ducommun, Corey Feldman, Wendy Schaal, and Henry Gibson.

It was once thought that Tom Hanks' forte was solely film from the comedy genre. It is films such as The 'Burbs that contribute to this misconception. Technicalities aside, this film still proves to be a lot of fun.

The movie boasts strong performances by all actors involved, especially the top-billed Hanks. The movie centers around a man who becomes dangerously curious about his new neighbors. He

soon realizes exactly how weird they really are!
As you've heard me state quite frequently, the most important comedic element in a film of this genre is timing. The gags have to be timed perfectly in accordance with such things as the situations that the characters are involved in or the events that are occurring on screen.

For example, you would not want to see a dramatic scene involving the death of a character interrupted by a circus clown skipping across the frame juggling a handful of oranges! Of course. this is an extreme example, but the idea behind it applies. In *The 'Burbs*, director Joe Dante displays this important synchronization.

The 'Burbs is not a blockbuster, but it will entertain you and will not be a waste of money. Tom Hanks is superb; and with a strong and talented host of supporting actors, you will do exactly what the filmmakers wanted you to do—be entertained. 2 STARS. (Parental Guidance Suggested.)

Director: Tom Mankiewicz. 1987. Rated PG-13. 1 hour and 47 minutes. Starring: Dan Aykroyd, Tom Hanks, Alexandra Paul, Harry Morgan, Christopher Plummer, Dabney Coleman, Elizabeth Ashley, Jack O'Halloran, and Kathleen Freeman.

Musical Love Story Staged In West Side

The Theater Project will present the classic American musical love story, "The Fantasticks," by Tom Jones and Harvey Schmidt, at The Church of The Good Shepherd, 214 Elm Street, West Springfield.

The performance dates are February 3rd, 4th, 5th, 10th, 11th, and 12th at 8:00 p.m., with Sunday matinees at 2:00 p.m. on February 6th and 13th. Tickets are \$10 for general admission, and \$8 for students/seniors.

Thursday, February 10th is "Senior Citizens Night," and reserved tickets for all seniors are specially priced at \$4. The Theater Project also encourages families to attend "The Fantasticks" on the Sunday matinees and has priced reserved tickets for children 12 years and under at \$4.

Seating capacity is limited and reservations may be made by calling 567-3291. Reserved tickets will be held at the door.

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It is a rare occurrence when a film serves as both a parody of a subject as well as a continuation of the same subject. That is what *Dragnet*

Dan Aykroyd plays the classic character of Friday. His performance pokes fun at the vintage television character while the film, as a whole, pays homage to the vintage television show of the

same name. This is the rarity I spoke of.

Tom Hanks' supporting role adds much to the film in the way of comedy. This is primarily achieved from the reluctance of Friday to accept Hanks' character as his partner in crimefighting. This provides a passessory conflict between the vides a necessary conflict between the two main characters, and this conflict is the starting point from which many of the laughs are spawned.

Of course, the now-classic theme is exploited in the film. Who could ever forget the famous: dum, dum dum dum, dum dum dum, dunuummm!!! As ridiculous as the concept it is checking how well it this film may seem, it is shocking how well it works. The characters are genuinely funny, thanks to a funny, well-executed script.

Fans of the original series are sure to enjoy this clickly off killer film.

enjoy this slightly off-kilter film version. They will even get to meet Joe Friday's grandma Sunday!! Hey, I didn't make up the names ... that's just the facts, folks!! 2½ STARS (Mature Audiences.)

Turner and Hooch

Director: Roger Spottiswoode. 1989. Rated PG. 1 hour and 50 minutes. Starring: Tom Hanks and Mare Winningham.

Moviegoing audiences have seemed to take a liking to films with dogs in them. Tom Hanks stars as a detective who is teamed with the only witness to a murder ... a pooch! The story is much too predictable, including such expected things as conflicts between the dog and Hanks.

The movie plays much like another flick that was theatrically released at about the same time, K-9. Hanks draws so much of your attention, however, that *Turner and Hooch* seems to be an original storyline while watching.

Under normal circumstances, a film with the flaws that this one has (such as a predictable storyline) would fail miserably. The bankable Hanks pulls the film from the threshold of failure

with his unique wit and creative style that is

always characterized by his acting.
In closing, *Turner and Hooch* is not the perfect film, but Hanks' excellent performance makes it enjoyable enough to make it worth seeing. Consequently, you will have a lot of fun watching Tom

Hanks struggle with an oversized canine. 2

STARS. Parental Guidance Suggested.)

(EDITOR'S NOTE: If you any suggestions for movie-related themes that you'd like to see discussed in this column, send to Lou in the column. care of The Agawam Advertiser News, P.O. Box 263,

Feeding Hills, MA 01030.)

"World On Ice" From Walt Disney Coming To Civic Center

Producer Kenneth Feld creates a bold new format for live family entertainment at Walt Disney's "World On Ice—Mickey's Great Adventures!" For the first time on ice, an elaborate extravaganza features two different stories in one exciting, fast-paced production. The two-hour, action-packed spectacular opens for a nine-day performance engagement in Springfield at the Civic Center on February 16th through February 21st.

Tickets are now on sale at the Springfield Civic

Tickets are now on sale at the Springfield Civic Center Box Office and all Ticketmaster outlets in Western Massachusetts and Connecticut. To order by telephone, call the Civic Center at (413) 787-6600 and (800) 639-8602, or call Ticketmaster at (413) 733-2500. Ticket prices are \$9.50, \$11.50, and \$13.50. and \$13.50. A limited number of VIP rinkside seats

will also be available

As the first adventure unfolds, a gigantic ocean liner brings Mickey Mouse, Minnie Mouse, Donald Duck, Goofy, and their friends—the famous explorer team of Andy Jones and Carolina James to a tropical island and the home of TaleSpin's Baloo and Louie. Unfortunately, their holiday goes awry when Adventurer Andy and his Disney pals are ambushed by the evil Don Karnage and fall prey to his terrible shrinking machine.

During the second adventure, movies are brought to life on ice as Roger Rabbit shares his favorite videocassettes with the audience. The first video selection takes viewers to the wild, wacky west where trouble is brewing, but the Lone Chipmunks Chip 'n' Dale arrive to save the day. The always-exuberant Roger Rabbit fast-forwards to another video vignette that features Ice Head Harry, a cold-blooded villain. He has Daisy Duck in his clutches, but Darkwing Duck arrives to rescue the Damsel in Distress.

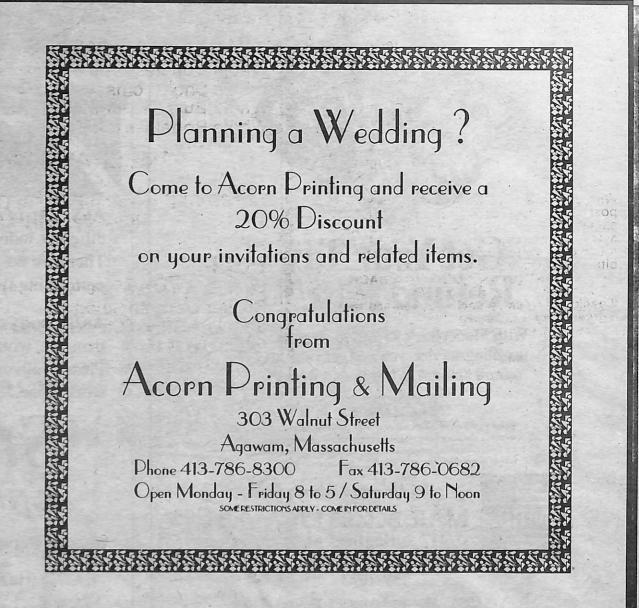
Join in the excitement at Walt Disney's "World On Ice—Mickey's Great Adventures!" See a galaxy of Disney stars live on ice in vibrant costumes, sing along with the classic tunes, and be entertained by an international cast of professional figure skaters who display their expertise

at each and every performance. Times and dates are as follows:

* Opening night, February 16th - 7:00 p.m. (\$3 off all tickets).

February 17th - 7:00 p.m. February 18th - 7:00 p.m. February 19th - 11:30 a.m., 3:00 p.m., and 7:00

February 20th - 1:00 p.m. and 4:30 p.m. February 21st - 1:00 p.m.





Susan Anderson

Disguising Nutrition

My daughter, otherwise reasonably sensible, would rather have her telephone privileges suspended than ever let a whisper of a brussels sprout of lima bean pass her lips. Despite the fact that she resides in a home where there is an attempt made to experiment with new foods, she persists in viewing spinach as a poison.

It's surprising how many people don't like vegetables, and worse, refuse to eat them. Serving the last the last them.

ing the less popular varieties calls for some in-

genuity. Or frank deception.
BEST BROCCOLI CASSEROLE Serves 6

1 cup water 1/2 teaspoon salt 1 cup instant rice 1/4 cup butter 1/4 cup chopped onion 1/4 cup chopped celery

1 (103/4 oz.) can cream of celery soup 10 oz. package frozen chopped broccoli, thawed ½ cup diced process American cheese

Bring water and salt to a boil. Add rice; cover and remove from heat. Let sit for 5 minutes. Melt butter in skillet; saute onion and celery until tender. In a large mixing bowl, combine rice, celery, and onion with remaining ingredients. Pour into a greased 11/2 quart casserole. Bake at 350F for 1 hour.

From: Taste of Home Magazine

Apprising young people of the health value of vegetables is useless. They know what they like. It's not eggplant. Forget the words vitamins and fiber in speaking to them about the ultimate demise of their health. In general, it's probably best to table the discussion of nutrition unless you enjoy monologues.

The following recipe is a fine example of vegetable camouflage. Slices of fresh, steamed zucchini may gather dust in your children's plates. A vegetable frittata, chief among whose ingredients is the loathsome zucchini, has the taste that young people can't resist, fried anything.

VEGETABLE FRITTATA

Serves 8

1/3 cup chopped onion 2/3 cup chopped green pepper

1 tablespoon butter

4 tablespoons olive oil 1½ cup scrubbed, chopped zucchini

2 cloves of garlic, minced 1/2 teaspoon salt

1/4 cup tomatoes; peeled, seeded, and chopped

6 large eggs, beaten

In a skillet, cook onions and green pepper in butter and 2 tablespoons olive oil, stirring, for 5 minutes. Add zucchini, cook covered for 4 minutes. Add garlic, salt, and tomato, and cook, stirring, for 5 minutes. Transfer to a bowl. Cool.

Add eggs. Heat 2 tablespoons olive oil over medium heat in a 10" ovenproof skillet. Add egg mixture, cook 3-5 minutes until the underside is set. Bake in a preheated 400F oven for 1-2 minutes until puffed and golden. Cut into wedges.

Spinach is, unfortunately, unloved by many. With a little skill at camouflage, it's sometimes possible to convert even the most stubborn of spinach haters. The following recipe for Pennsylvania Dutch Spinach can be trimmed down, but retain taste, by the substitution of imitation bacon ssion of the egg volk

PENNSYLVANIA DŮŤĆH SPINACH Serves 6

2 packages fresh spinach, washed and torn

3 green onions, chopped 6 slices of bacon, chopped

3 tablespoons flour

3 tablespoons sugar

1 teaspoon salt

1/4 teaspoon pepper

11/2 cups hot water

3 tablespoons vinegar

2 hard-boiled eggs, chopped Place spinach and onions in bowl.

Cook bacon until crisp; remove from skillet and

drain on paper towels. Blend flour into bacon drippings. Add sugar, salt, pepper, and hot water. Cook, stirring constantly, until mixture comes to a boil. Stir in

Add eggs to spinach. Pour vinegar mixture over spinach and toss. Serve immediately, topped with bacon bits.

From: America's Best Vegetable Recipes by the Editors of Farm Journal

The following recipe for Microwave Mozzarella Vegetable Pie can be served as a side dish or as a

The Agawam Advertiser News

meal in itself. If there are leftovers, the author suggests using them to make a good vegetarian pizza. Just place leftover vegetables on a prebaked pizza crust, add tomato sauce and extra cheese, and broil or bake until the cheese melts.

MICROWAVE MOZZARELLA VEGETABLE PIE

Serves 4-6 2 tablespoons water

2 medium eggplants, sliced ¼-inch thick 1 green, yellow, red, or purple pepper of a mixture of all four, sliced 1/8-inch thick

1 yellow onion, sliced 1/8-inch thick and separated into rings

1 tablespoon Mrs. Dash or similar herb/spice blend

1 cup grated mozzarella cheese Sprinkle the water in the bottom of a 6x8" microwave-safe baking dish, or similar size dish that is at least 3 inches deep. Layer one-third of eggplant, pepper, and onion slices in bottom of baking dish. Sprinkle with 1 teaspoon of herb/spice blend, then sprinkle with 1/3 cup of the cheese. Follow the same order with remaining vegetables, herb/spice blend, and mozzarella, ending with mozzarella on the top.

Cover dish with vented plastic wrap, then microwave on HIGH until vegetables are tender/crisp and cheese is melted, about 5 to 7 minutes. Rotate dish two or three times during cooking time.

Cover entire dish with plastic wrap, let stand 2 or 3 minutes more to finish cooking, then serve immediately

From: Pike Place Market Cookbook by Braiden

Rex-Johnson

Until next week, I wish you the best. Requests for topics are always welcome. I can be reached at 786-2017 or by mail at *The AAN* (P.O. Box 263, Feeding Hills, MA 01030).

Bon Appetit.

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Suffield Players Gearing Up For Winter Show

Suffield: A cast of 17 actors will lend their talents to the upcoming Suffield Players' production of Mary W. Schallers' *The Final Trial of Richard III*, set to run from February 17th to March 5th, at Manleton Hall in Suffield Mapleton Hall in Suffield.

This unique, audience participation, courtroom drama, lets the viewer decide the eternal fate of King Richard III, whose rise to the throne of England was marked by mysterious deaths and unsolved plots.

The cast will portray characters ranging from historical figures like Richard III, Sir Thomas More, and Shakespeare, to those who represent the unearthly courtroom staff: Time, the judge; History and Rumor, the prosecution; and Charity, the defense attorney.

Included in the cast are Players' veterans Dick McCarty, Margie Secora, Kelly Seip, Konrad

Rogowski, Dana Ring, and Paul Gessay, as well as newcomers Scott Sylvia, Tom MacDonald, and Diane Christian of Enfield, and Rick Anderson of

Granby as King Richard III.

The Players are also welcoming several younger actors, including Cheryl Baldyga of West Suffield, Austin Allen and Derik Donnelly, both of

Tickets for this taut drama will be available beginning January 28th, by calling the Players' new 1-800 number, 1-800-289-6148. Discounts are available for seniors and students with proper I.D., and for groups of 10 or more with reservations pre-paid.

Seating will be theatre style for this production, which will be played in three-quarter round, to enhance the courtroom atmosphere.

One Act Plays By Westfield Theatre Group

Calico Tigers, Flying Darning Needles, marriage proposed, a laundromat Psychiatrist, and wild animals galore are all to be found at the Westfield Woman's Club (28 Court Street, Westfield) on Friday and Saturday, January 28th and 29th, as the Westfield Theatre Group presents

its second Evenings of One-Acts.

"The Calico Tiger," a children's fantasy, features the talents of 17 area young people ages eight to 17 as they portray a living forest and its animabitants. Directed by Larry Andersen, well-known to area theatregoers as an actor and

director (and also as WTG's Theatre Camp Director/Teacher).

"A Marriage Proposal," a delightful comedy by Anton Chekov, features Bill Hensley and Bob Martin, both last seen in WTG's "Cheaper By the Dozen, "and newcomer Jennifer Tessier. Directed by Brian Thayer, an award-winning actor, and WTG's newest director. "The Darning Needle" (the flying insect kind), a

charming comedy, features Kathryn Leary and Shelley Haber of Westfield, both seen in "Cheaper By the Dozen," and newcomer Tony Torpes of Ludlow. Directed by Joan Mento, one of two directors returning from last year's One-Acts. A professor at Westfield State College, Joan directed the WSC Travelling Troubadour production of "St. Patrick's Day.

"A Psychiatrist in Spite of Himself," an engaging farce featuring husband and wife Rick and Roxanne Buzzee, John Kielb from Westfield, and Leigh Figueroa (WTG Theatre Camp Student). Directed by the second returning director, Rob Settembro.

It's an evening of wonderful family entertainment. Performances begin at 7:30 p.m., with reservations available by calling the Westfield Theatre Group, 572-6838. All tickets are \$3 (general admission), 572-6838. sion). Seating is cabaret style at tables of four; larger groups (up to 10) can be accommodated if numbers are known in advance.

Please remember that our classified pages bring FAST, FAST results each week. Just \$10 for 30 words or less.



MAPLETON HALL, located at 1305 Mapleton Ave. in

Suffield, will be transformed into a courtroom for the Suffield Players' production of "The Final Trial of Richard III," scheduled to run Feb. 17th, 18th, 19th, 25th, 26th, and March 4th and 5th. All performances

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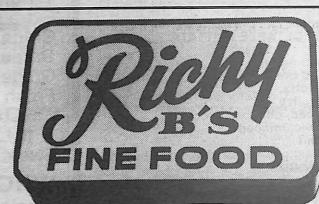
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Looking

Compiled and edited by David C. Gallano

Town Politics - Jan. 1972

JANUARY 18th - COUNCIL DEFEATS ESTABLISH-MENT OF POLICE AND FIRE COMMISSIONS

On a motion by Councilman Fred Nardi, "To establish a Police Commission," the Council members voted six in favor and eight in opposition, with one absent.

On a motion by Councilor Barnes, "To establish a Board of Fire Commissioners," the vote was five in favor and nine opposed with one absent.

JANUARY 18th - LAST BOARD OF SELECTMEN MEETING

At the last meeting of the Board of Selectmen, there were in attendance eight previously elected Selectmen who were available to have their picture taken for the newspaper.

In addition to the current members, Chairman Joseph Faucette, Edward W. Connelly, and Roy Benjamin, who was the youngest man ever elected to the Board, present were Raymond Charest, Irving LaFleur, Joseph Della Giustina, Fred Nardi, James P. Kane, Henry L. McGowen,

George Reynolds, and Andrew Gallano. The meeting served as the end of the old system of town government, which had been in existence since the founding of the town in the

17th Century.

JANUARY 20th - POLICE SGT. CHMIELEWSKI HONORED

Agawam Police Sgt. Stanley L. Chmielewski, the town Safety Officer, received the Agawam Jaycees' Distinguished Service Award yesterday at Betty's Town House.

Chmielewski was presented the award by Michael J. Bracci, president of the Jaycees, for his efforts on behalf of the town. He was general chairman of the Halloween safety program and is active in church, fraternal, Cub Scouts, and police organizations

JANUARY 22nd - JAYCEES SELECT OUTSTAN-DING WOMEN

Jaycees selected Mrs. Dale Melanson as the town's "Outstanding Young Woman" at the recent awards banquet.

Mrs. Melanson is vice president of the Junior Women's Club and is active in programs for youth

Mrs. Jacqueline Hayes was named "Outstanding Young Educator" for her progressive approach to education.

JANUARY 25th - HOMETOWN STILL WANTS TO

HONOR GENERAL

The committee of Agawam citizens formed to honor Army Chief of Staff Creighton W. Abrams voted to explore the possibility of renaming the town's Main Street for the General.

Several ideas for honoring the former Agawam resident who was named Army Chief of Staff last fall. Among them, in addition to renaming Main Street was the possibility of naming either the lobby of Agawam's new Junior High School for the General or the avenue that leads to the

school, or renaming the town library.
In addition, a member would study the feasibility of setting up a college scholarship in the General's name.

JANUARY 28th - TOWN MOVES TO MAKE IN-DUSTRIAL DEVELOPMENT EASIER

"This whole area has been at a standstill as far as attracting new industry from outside Greater Springfield," said David C. Gallano, a member of the Agawam Business and Industrial Development Commission.

He said Agawam's new city-style government will make development easier in the future and that the formation of an Industrial Development Financing Authority which can lend money to new firms at a low interest rate, about four or five percent, may attract industry to the town.

Gallano said the approval of the financing authority by the Agawam Town Meeting last fall indicates that the town does want development of an industrial tax base to offset the need for more services created by a burgeoning population.

'We have 1,000 acres of nice flat land zoned for business, which gives us the best potential in the area," he said

JANUARY 30th - ST. JOHN RESIGNS HOUSING

BOARD POST Alfred St. John, Housing Authority member, said today he has submitted his resignation because of the recent Board decision to select the Magovern property, located off Main Street, for a housing for the elderly project.

"I just can't go along with the selection of the Magovern property," he said. "I favor the Hall property and I will not remain on the Board to work with something I don't believe in."

JANUARY 30th - PATROLMEN TO BE PAID FOR EXTRA DUTY BY REVOLVING FUND

Policemen involved in extra-duty work will now be paid for their service by the town through a revolving fund set up Monday by the Town Council. The town will, in turn, bill the employer. The

revolving fund will be replenished as private employers pay their bills into the fund. The Council approved a \$4,000 appropriation to

initiate the fund. JANUARY 30th - DUO TO ASSUME LICENSE BOARD POSTS

Henry L. McGowan of 109 Suffield Street and John J. Shea of 398 Suffield Street will be sworn in today as members of the Liquor Licensing Com-

James D. Westman, Town Manager, said the appointments were made on the basis of their dedication to the community and their integrity recognized by the townspeople.

"It is bad for government if the citizens don't respect a public office. These commissioners are beyond reproach," Westman said.

Natural History Program At Laughing Brook

Winter is a delightful time to take part in natural history programs and field trips sponsored by Massachusetts Audubon Society's Laughing Brook Education Center in Hampden, Massachu-

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The fee for this program is \$5.50 (adults) and \$4.50 (children) for Massachusetts Audubon Society members, and \$6.50 (adults) and \$5.50 (children) for non-members.

This program requires pre-registration, a minimum of three days in advance. For further information on this program, or for a copy of Laughing Brook's winter newsletter with complete listings, call (413) 566-8034.



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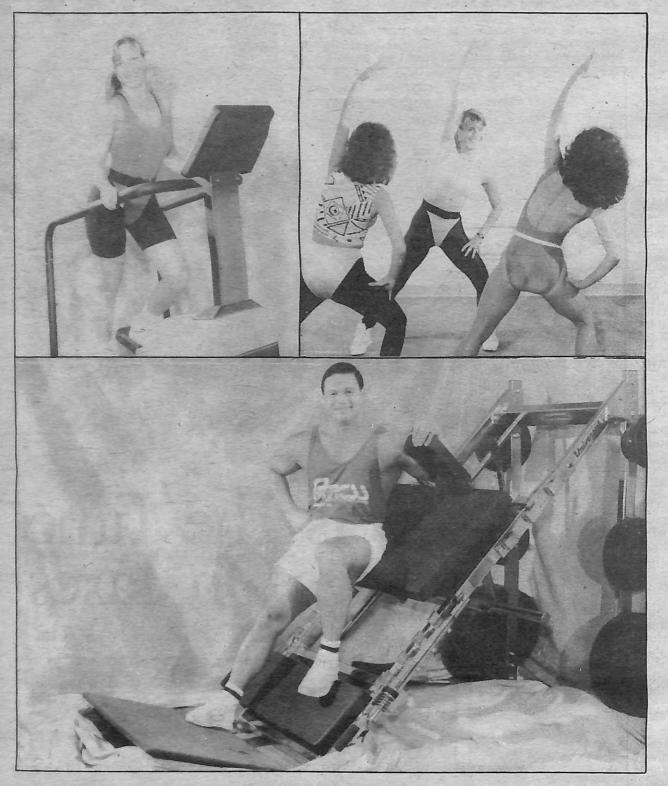
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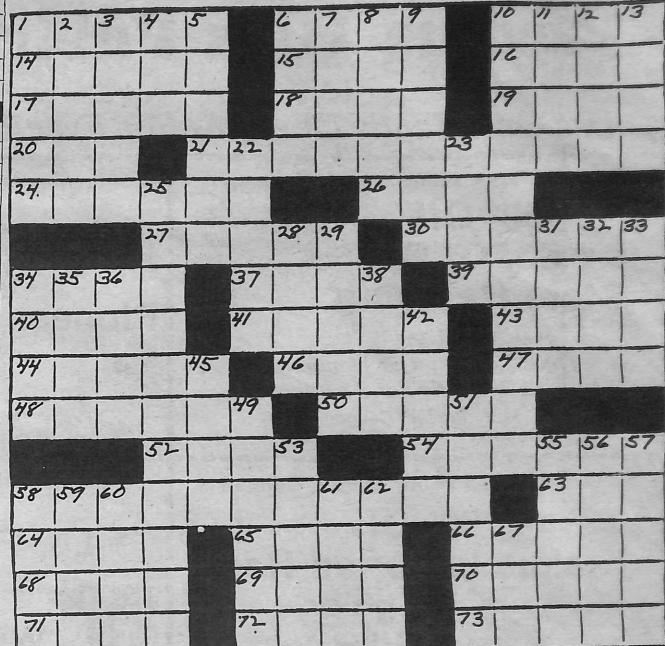
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MEET THE MASTER - by Dick Mastroianni



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MEMBERS OF THE AGAWAM JUNIOR HIGH SKI TEAM are about to embark for an after-school trip to Mt. Tom in Holyoke on Friday, January 14th. Advertiser News photo by Jack Devine.

Ski Club At Agawam Junior High Continues To Grow In Popularity

by Kathy Cassanelli News Editor

As Junior High Ski Club Advisor William Quinn had feared, a snowy forecast isn't always good news for the members of the club. With a winter storm forcing the closing of school on Friday, January 7th, the club's first trip to Mt. Tom had to be postponed until the following Friday.

The program offers students the opportunity to travel to Mt. Tom for five weekly ski lessons (lasting 134 hours) followed by an hour of free ski-

Travelling on two King Ward busses, the 91 students, along with their four advisors, leave the school at 2:30 p.m. and arrive back at around 7:30

This year's program came close to being reduced to only one busload of students until Guidance Counselor Frank Meager, a non-skier, and teacher Maureen Quinn, agreed to join Quinn and teacher James Graveline as chaperones. Two teachers are needed for each bus.

Even with two busses, the club (which accepts students on a first-come, first-served basis at sign-up time) was not able to accommodate all the students who were interested in joining. "We had an overwhelming response this year," Quinn said. "It's very disappointing that we can't take everyone."

A mix of beginners and more experienced

skiers, the students spend their first lesson at Mt. Tom being evaluated by the instructors on their ability level (before being placed in a class to suit their individual needs). Class size is limited to 10 students, and the instructor will remain with one class for the entire program.

By the second week, the beginners are gaining confidence. "The kids' faces light up when they can actually stay up," Quinn said.

Students Hope To Reach The "Top" Taking it step by step, the students progress from the lower slopes to their goal of riding the

chair lift to the top of the mountain. By the fourth week, most of the students have their instructor's OK to head for the top of the mountain.

While the students are in class or on free time, Quinn and Graveline patrol the slopes to oversee the lessons and listen for the dreaded call to report to the first aid station. Although there have been no serious injuries, Quinn said there has been an occasional broken bone. "Thankfully, we've had no hospital runs for the past three years no injuries at all," Quinn said.

Quinn said technological improvements to skiing equipment has cut down on injuries to skiers in recent years, adding, "The key thing is for a skier to know his limits."

Quinn said the Ski Club offers students who

might not otherwise have an opportunity to learn to ski to participate in the sport. "Many of the kids have parents who don't ski. The club gives them

the chance to ski. In addition to giving the students solid footing in safe skiing techniques, the club has a positive influence on the teacher-student relationship. As with other extra-curricular activities, the club lets students see their teachers in a different light.

The rapport established between the teachers and the students is an added benefit of the program. "The rapport is great and it carries over into the classroom," Quinn said.

SEE SKI CLUB - Page 28...



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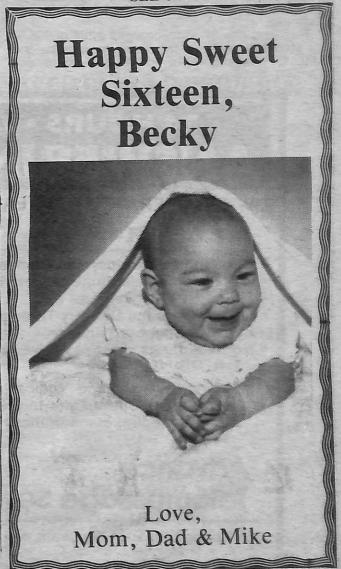
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Mrs. Pettazzoni Voices Parents' Concerns About Cafeteria Set-Up At Clark School

by Kathy Cassanelli

A disagreement between Clark School Principal Smith Rovelli and a group of parents over the seating arrangements in the cafeteria during lunch surfaced at the January 11th meeting of the School Committee.

Member Susan Pettazzoni said the committee should be aware of a "potentially explosive situation at Clark School, Several parents have con-

tacted me with a list of complaints about the running of the cafeteria," she said.

Aware of the situation, Superintendent of Schools Bernard F. Ryder told the committee that the problem centered around the fact that the tables in the cafeteria are arranged in such a way that the children all eat lunch facing the same direction, thereby allowing for limited social interaction between the students. Parents are upset that the children can speak only to the child sitting to the left or to the right.

For the month of December, Rovelli agreed to arrange the tables so that the students would be facing each other. At the end of the experiment, the principal decided the tables should be return-

ed to their original placement.

Ryder said he intends to sit down with parents to discuss the situation. Mrs. Pettazzoni suggested the committee hold

a workshop as mediation between the principal and the parents.

Mayor Christopher C. Johnson, Chairman of the School Committee, said at last Tuesday's meeting, "This is not in our purview. This is an administrative matter, and our employee (the principal, Mr. Rovelli) has not brought it to us. A call to a School Committee member does not mean it has been raised to the school committee level."

After the meeting, Vice-Chairwoman Linda Galarneau said, "Our hands are tied until they (the parents) come to us publicly.

The Viewpoint Of Many Parents

According to sources within the parent community, many parents feel the current placement of the lunch tables discourages expressive language development and interferes with socialization skills. Parents feel the major reason for the placement of the tables is to control noise in the cafeteria, and they want their children to have a more "normal" lunch routine of sitting face-to-face as the children do in the other elementary schools in town.

Parents also complain that when the teacher in charge of lunch duty decides the noise level is too high, the children must raise one hand until the

SKI CLUB - from Page 27...

After the five weekly lessons at Mt. Tom, the Ski Club is ready to take on the ski slopes of Vermont. "Generally, we go to Haystack because it offers trails for all skill levels. The kids like the aura of Vermont," Quinn noted. The trip to Vermont costs an additional fee of about \$30 and is taken on a

This year, the Ski Club charged a fee of \$98.50 for students who own their own equipment, and \$146 for students who rented their equipment from Mt. Tom.

room becomes quiet and must eat their lunch with

PTO President Frank Lawlor told us, "The real issue here is parental involvement in the school and should they have an opinion on matters such as the lunch situation.

The tables, with bench style seats bolted on one side, are placed so that the students are sitting on the bench attached to one table while they place their lunch on another table. The seats are placed close to the next table. The students sit on the bench and slide their lunch trays along the table in front of them.

The Same Seating System For 12 Years
Rovelli said the system had been in place before he was appointed principal 12 years ago. He said the tables are placed that way because when they are arranged face-to-face, the children must reach over the 20-inch-wide seats to place their trays on the table. The width of the seat makes it awkward for the children to handle their trays and leads to more spillage, according to

Rovelli said he first became aware that several parents were upset at the end of the last school year. He said he was unaware of any problem before that time.

At Ryder's suggestion, the tables were turned for the month of December to determine whether the pattern should be changed.

Rovelli said he decided to go back to the original system based on his own observations and on input from the teachers, most of whom were against changing the lunch policy

In addition to an increase in spills, the teachers felt it was an added safety feature for the children to be facing forward. With the teachers supervising from the front of the room, they are also able to see each child's face in case of choking. Also, the teachers can more readily give directions to the children if they are facing in one direction.

Rovelli denied the reason for the lunch room

policy was to control the noise level.
"I support a reasonable amount of social noise during lunch. If the seats were a normal width,

there would be no problem.

Ryder told *The AAN*, "If the noise level was the reason for the placement of the tables, I would mandate a change. I only allow this to continue because of the difficulties posed by the width of the seats."

Ryder added he hoped the parents and the principal could settle the situation themselves.

Jennifer Coughlin Named To North Adams Dean's List

Jennifer Coughlin has been named to the Dean's List for the 1993 fall semester at North

Adams State College.

Jennifer is a 1991 graduate of Agawam High School and is currently a junior at North Adams State. She is a biology major with a minor in psychology and is also a member of the Biology

She is the daughter of John and Barbara



LINDA SCHEVE, a secretary at Agawam High School, received the December "Orange & Brown Outstanding Performance Award." She is congratulated by Carla Lemnah-Warner, a member of the Staff Appreciation Committee. Advertiser News photo by Jack Devine.

Linda Scheve Noted For School Service

The December 1993 Orange and Brown Outstanding Performance Award at Agawam High School goes to Linda Scheve, according to the Staff Appreciation Committee. Ms. Scheve has served the Agawam School District for over 11 years within the secretarial department.

Nominations were received from students and faculty, citing her commitment to the student body and staff. Ms. Scheve is "helpful and pleasant in her approach toward her job. She is genuinely concerned about the smooth operation of the school and puts an incredible amount of time and energy into her work."

Ms. Scheve will receive a certificate of appreciation, golden apple pin, and dinner gift certificate at Take Five. A letter of commendation will also be forwarded from the Superintendent of

Schools, Mr. Bernard F. Ryder.

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Agawam High Guidance Report

by Paul C. Cavallo Chairman

Career Awareness Prog. To Feature Guest Speakers

As part of the Guidance Department's Career Awareness Program, Mr. Alan Cohen has organiz-ed a program that includes speakers representing various career clusters. Students are encouraged to participate in this worthwhile program by registering any day up to three days prior to the scheduled day of the conference.

The following is a list of the dates and careers for the Career Awareness Program:

Thursday, January 27th, 1994 Time: 1:00 P.M. to 1:45 P.M.

Law Enforcement, State Trooper, Sheriff's Department, Lawyer, and related fields. Wednesday, February 2nd, 1994

Time: 1:00 P.M. to 1:45 P.M.
Allied Health Fields, EMT, Radiology, Nursing, Ultra Sound Tech, and related fields. Wednesday, February 16th, 1994 Time: 1:00 P.M. to 1:45 P.M.

Computers, Science Technologies, Engineering, and related fields.

Wednesday, March 23rd, 1994
Time: 1:00 P.M. to 1:45 P.M.
Hospitality, Hotel, Restaurant Management,

Lodging, and related fields. Wednesday, April 13th, 1994 Time: 1:00 P.M. to 1:45 P.M.

Building Trades, Auto Repair, and related

Wednesday, May 4th, 1994 Time: 1:00 P.M. to 1:45 P.M.

Human Services, Early Childhood, Counseling, Education, and related fields.

Many local colleges are contributing to the program by sending professionals in specific fields. For example, STCC has strong programs in the technologies, and Holyoke Community College has the same in Hospitality, Hotel, and Restaurant Management.

Mid-term examinations are being administered to all students in all subject areas at the end of the first semester. The first examination will be given on Friday, January 21st (a full day of school). On Monday and Tuesday, January 24th and 25th, the remaining examinations will be administered. On Wednesday, January 26th, students will be allowed to make up exams missed through absence(s) on the previous examination days.

On Monday, Tuesday, and Wednesday, attendance is only required when a student has an examination. They are allowed to leave once their exam is over. Lunch will be served on these days.

Report cards will be issued at the beginning of February. It will include the student's second marking period grades, his/her mid-term exam grades, and his/her half-year average. As was mentioned in a previous article, the student's midterm exam grade constitutes 20% of his/her half-

GUIDANCE BULLETIN COLLEGE ACCEPTANCES - Congratulations! Paul Klisiewicz - WNEC

Carmelina DeCaro - AIC, WNEC Steve Lanier - WNEC

Brenda Borkosky - Salem State Steven Decoteau - Univ. of Illinois, Purdue

Nicole Racicot - Bentley College Todd Crevier - Valley Forge Christian College Kim Hayes - Bryant College. Bentley College Alison Jean - UMASS/Lowell, Westfield State, Cindy Stone - St. Joseph's University Gina Serra - Westfield State Karen Eaton - Messiah College Chris DeMastrie - Virginia Polytechnic Inst., Florida Institute of Tech., WNEC SCHOLARSHIPS - See your counselor for more

information.

Totsy Foundation Scholarship Program: To be eligible for this scholarship, an applicant must be a dependent child or grandchild of a full-time employee who has two consecutive years of service with Totsy OR a current high school senior residing in the Springfield area who is planning to enroll in a full-time undergraduate program of higher education including vocational school.

Deadline: February 15th, 1994.

Mass State Elks Association Scholarship: The

Elks will consider the following criteria in making scholarship awards: academic standing, character references and evidence of leadership and citizenship, and demonstrated family financial need. Deadline: February 15th, 1994.

Boston University Alumni Club of Western Mass Scholarship: Available to students planning to attend B.U. Recipients are selected on the basis of academic and social achievement as well as financial need. Deadline: April 30th, 1994.

Springfield Life Underwriters Scholarship: Available to students who plan to attend college next year and who have lost a parent through death or have a parent who is disabled, defined by their collecting Social Security Disability benefits. Deadline: March 1st, 1994.

Silvio O. Conte Education Foundation Scholarships: Eleven scholarships of \$1,200 each will be offered to qualified seniors who plan to further their education in a four- or two-year college or technical institution. Special consideration will be given to students interested in the fields of environmental science, law, health and human services, or public service. Deadline: March 18th, 1994. See your counselor if interested.

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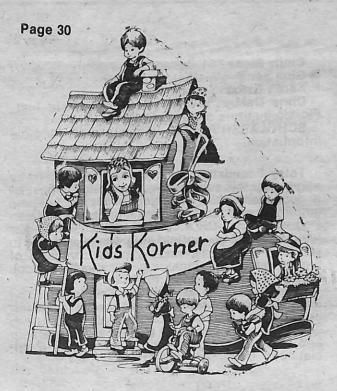
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Rooms In News Collection Of Poetry Agawam Middle School Janice DeFilipi, Grade 6

My Little Brother My little brother bugs me morning till night. We get into terrible fights. He likes to collect coins and rocks. If you saw his room you'd get a big shock. Joey is his name. Since he was born, my life has never been the One nice thing I could say about my brother, Is that I wouldn't trade him for another. Jessica B'Shara

I was driving along in my MG, When a Mercedes pulled up to me. He rolled down his window and then said, "I'll race you from here to that flowerbed." I accepted the offer and revved up,
Then I was going 85 and up!
The next day I was in my Lotus,
A Beamer came up but I didn't notice. She asked for a race, but I backed out,
With my overheated MG, I had a doubt.
I was on the highway in my Bugatti,
When a girl pulled up with the name of Dottie.
She wanted to see how fast I could go, So, I was off before you could say NO! I got out of bed, it was just a dream, When I saw a Ferrari as white as whipped cream. It was in my driveway, interior was red, Turns out I was still in bed. **Justin Gorman**

Shawna Suffriti

Shawna Suffriti

Shawna Suffriti

Shawna Suffriti

Andy Mutti

Andy Mutti

There is a girl named Sally. She has a dog named Lassie. He helps her out all the time. But the dog is really mine.

Caroline There is a girl named Caroline. Her handwriting is very fine. Wait till you see mine. It is not close to fine.

Shawna There is a girl called Shawna. She has a pet llama. She is very nice to it. But all it can do is spit.

Slimbo There is a kid called Slimbo. He's good at the limbo. But when he does not make it He throws a big huge fit.

Joe I know a kid named Joe. He owned a brand new hoe. He thought it was a rake. Then he saw it was a fake.

Sue An actress named Sue Saw it was her cue. She didn't know what to do. So she asked the director, Lou.

A Great Person

Who's very grand. He's nice and caring And very daring.
He really likes baseball
And also likes football.
He's always there when I need him And, never, never, acts grim. He teaches me and many others
And reads stories to my little brother.
If you haven't guessed, he's my father And could never compare to any other Kaitlin White

Couplets

They threw me in the dirt. There was rain I was in pain.
My beasty fights
They knock out my lights.

Michael Krapf

Jasper
There once was a pumpkin named Jasper.
I tried to make his face but it was a disaster.
His eyes looked like bowls. His ears were only holes. His nose is no rose. His head smells like toes. His stem was brown He had a frown. He was very mean And so unclean.

Jon Watson

Rose Island First we deboarded the boat, Then we got onto the float,
I then thought they said it'd sink,
Then we'd fall down into the drink. Probably most of us would end up dead,
Because the water was way over our heads.
Next we saw a three-legged dog,
Who smelled like he had rolled in a bog.
Next we saw a hole that'd ben dug with rakes,
It was filled with live garter snakes.
The snakes came out and bit someone,
What is that number for 9-1-1? What is that number for 9-1-1? We walked around the entire isle, On a wall in single file. On the beach we found seaglass busted, And pieces of metal anciently rusted. If in the beginning something isn't fun, Keep on continuing with the test run. When you think your folks are being cruel, Things most always turn out cool Michael Ratkiewicz

Basketball Players Michael Jordan is a star, And drives a fancy car.
Charles Barkley's very strong,
His arms are very long.
Dominique Wilkins can jump high, But could never reach the sky Larry Bird used to be great, All before he had some fate.

Halloween

Here comes Halloween, Spooky as it may seem. Ghosts and Goblins all around,
Makes the scary night profound.
Spooks and spirits roam the streets, Hoping to get plenty of treats. The jack o'lantern will glow, As the spirit winds will blow. While on in the night, Many more children are still in fright.

Caroline Scherpa

Andy Mutti

Mike Martin

A horse, a cat, a dog, a turtle, You retreat at every hurdle. If you are a vet, you can give some hollars, Because of all the dogs with all of the collars. If you want to be a vet, You might not like it just yet. Lynn Hopkins

Tea in a Tree I was climbing in a tree, When my mom said, "Let's have tea." I said, "No way, Go inside, and take that tray." Then I fell, I was too hurt to yell.

They are fast, graceful, and kind, They have a wonderful mind. When you're riding a horse, you're in a different

Your body gets in a good mode. When it's time to leave and go home, You give a big sigh and a moan. You give a big sign and a moan.
When you leave the barn you want to cry,
Because you know it's time to say bye.

Elise Alfano

The Dream

One night I had a dream, Much wilder than it seemed. I was floating, drifting, And my thoughts were shifting, To a different world, As I was hurled, From one cloud to another, Screaming for my mother. It was in the rain, I felt so much pain, 'Til I lost my shoe, I didn't know what to do. So I jumped, Onto a humped Dinosaur in the prairie, That was big and scary. He roared and rumbled, As the earth crumbled, So I fell into a hole, Which belonged to a mole, Which ends my dream, Much wilder than it seemed.

Pamela Gervais

Christmas It's a day when gifts are everywhere, And people all over the world like to be somewhere. Hugs and kisses entangled and pats on the back, Then when Christmas is all over, people go to the stores and get their money back. Toys, games, balls, and jacks are put in sacks, And working tools are put in the outdoor shacks. Gregory Brown

Mr. Marving In the barnyard is Mr. Marving. Working on an animal carving. He said he will get good pay If he doesn't delay.

Anthony Goodrow

Greg Greg Brown is manly Because he beat Stanley. He wanted to fight But not tonight.

Gregory Brown

Boy I knew this guy named Bob. He had a real good job. I asked him what job he had. He worked for Mad.

Vinny Alfano

Pammy Jo Mrs. Pammy Jo Suzy Que Betty Ann May Was sitting underneath a tree one day. The sun was shining on her rosy cheek. The boys around her couldn't speak. Elise Alfano

Lucas Lartin Up the street came Lucas Lartin. He was in his Aston Martin. In the passenger seat was his mother. Running alongside was his brother. **Justin Gorman**

A Girl Named Ann Up came my friend, Ann. Asking for a fan.
She said she needed to stay cool Because she didn't have a pool. **Anthony Goodrow**

Art Teacher Mrs. Wright is always nice. She never likes to fight. She likes color when they're light But most of all, when they are bright. **Gregory Brown**

Girl I knew a girl named Earl. She owned a great big pearl. I asked what it's for. And she said to decorate the door.

Vinny Alfano

Tim There once was a boy named Tim. Who could not swim. He was always laughed at. Because he couldn't even swim as a cat. Elise Alfano

Dottie Mottie Next door to Lucas Larkin And his faithful Aston Martin Was a girl named Dottie Mottie. And her bright aqua Bagatti.

Justin Gorman

When they're all tacked up and ready, You say, "Ho, be good, and steady!" place, People can tell you are happy by the look on When you're galloping down the road,

I know a man

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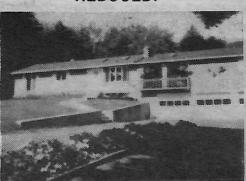
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Ryder Asks Committee To Shoulder Burden Of Education Reform

by Kathy Cassanelli News Editor

Superintendent of Schools Bernard F. Ryder called on the School Committee members to begin shouldering their responsibility for establishing measurable performance goals for students and teachers as mandated by the Education Reform Act of 1993.

Ryder said the Education Reform Bill has given the committee a more important job than they had

As executive officers of the school district, Ryder said, "We are responsible for the product of our services. We must be prepared to judge the results of our teaching and make our teaching superior to our neighbors.'

Ryder reminded the committee that the performance goals will have to be incorporated into the contract to be negotiated with the Agawam Education Association next winter.

Ryder asked that sub-committees be formed to begin the work of defining the performance goals for the district, and that each School Committee member be assigned a particular school

Ryder said School Committee members should begin talking to parents and teachers to help decide what the performance goals should be.

The first judgemental performance goals should include the expectation that the district's scores on state assessment tests would increase

by 10% each year, Ryder said.

Suggestions For Teacher Responsibility

Other suggestions put forth by Ryder included the possibility that elementary teachers would remain with the same class for grades one through four (and thus assume responsibility for the students' performance). The same sort of teacher responsibility could be assured at the secondary level (by having teachers in each subject area retain the same students for their years in the secondary schools).

As a means of gaining parental support and involvement in the education of their children, Ryder suggested that parents be allowed to

choose their children's teachers.

Ryder also suggested that the schools adopt a policy of using the state assessment tests given in the past in grades four, eight, and 10 as requirements for promotion.

For example, a student who failed the fourth grade assessment might be allowed to go on to fifth grade, but would not be allowed to progess beyond that without passing the assessment test.

For 10th grade students, the assessment test would be a requirement for graduation from high school. Ryder said that students would still have two years to pick up lost learning and qualify for graduation.

After the meeting, Ryder said the requirement for 10th graders to pass a state assessment test is part of the Education Reform Package and will likely apply to the class of 1996 or 1997

Ryder further said that figures on Agawam students' scores on the state assessment tests in the past were not readily available.

Early Childhood Ctr. **Accepting Applications**

Any interested parent of a three or four year-old child should contact the Early Childhood Center at 789-2976 for an application for the Agawam Public Schools' pre-school program.

When the completed application is returned, parents will be contacted to arrange an appointment for a screening.

Agawam Public Schools Ed-Ventures

by John F. Brosnan, Ph.D. **Director of Special Services**



New Programs In Special Education

The 1993-94 school year is one in which many new special needs programs have been developed for the students in the Agawam Public Schools. The objective of all these new developmental approaches to special needs programming is to enhance the concept of full inclusion for all students in the least restrictive environment possible.

PROJECT IMPACT - PHASE II
Project Impact is a Massachusetts Department of Education research project which was implemented as a means of evaluating our integrated preschool program and to use research tools to improve the quality of developmentally appropriate programs. Agawam is one of seven school systems in Massachusetts chosen to participate in this project.

It is in the second phase of providing training for the Early Childhood Program teachers and their assistants as well as kindergarten teachers. It provides for the continuity of educationally appropriate programming for the transition from preschool to kindergarten. A key component in this process is the continued development of the use of portfolios as an assessment tool in the evaluation of student progress.

Early Childhood Program

The new Early Childhood Center at Perry Lane opened on November 1st. The new facility has enabled the program to return to a regular school day schedule and has provided for expansion of one additional early childhood class. Clark School

In the interest of providing full inclusion for our handicapped students with regular education students, we have developed an integrated kindergarten class at Clark School.

Teresa Desmarais Attains Deans's List At Assumption College

Dr. Paul R. Douillard, Dean of the Undergraduate College at Assumption College, Worcester, MA, has announced that Teresa Desmarais is among those students who were named to the college's Dean's List for the fall 1993 semester.

The daughter of Maurice and Ruby Desmarais of 476 Franklin Street, Agawam, Teresa is an accounting major and is a member of the class of 1995. She has a 3.80 cumulative average.

This class will serve as a pilot program in pro-viding direction for the development of integrated programs in all school levels. In this program, special needs kindergarten students attend school (both morning and afternoon sessions), and a group of regular kindergarten students receive their classroom work with them in the morning session.

Another development in our inclusion efforts has been the increased involvement of regular education with an autistic student. Due to the personal commitment of both regular and special education staff, a special needs child continues to make excellent progress in the regular educa-

tion setting at the school.

LANGUAGE-BASED PROGRAMS The Department of Special Services has implemented new program offerings in the area of language development. A relatively new approach to providing access to skill building in language is being provided at Phelps School, Granger School, and the Middle School. The methodology centers around a system known as "Benchmark" and

'Story Grammar Markers.' "Benchmark" provides a vocabulary develop-ment system that teaches the meaning of words. It traces spelling patterns by way of spelling sound families and is especially effective with children who have auditory processing difficulties and have problems with learning phonetically. "Story Grammar Marker" is basically a systematic approach to teaching comprehension

and helps students to effectively write meaningful narratives. We are in the planning stages for developing this approach at Robinson Park

School for next year.

This school year has seen the expansion of our language-based program at the Middle School to two classrooms. We are currently in the planning stages of developing a program for next school year that would provide for the continuation of our fifth grade language-based classroom with a transitionary component preparing the students to become involved with a new integrated sixth grade language-based class.

In the interest of providing continuity of appropriate service delivery for students in need of language-based programs, the department is in the process of planning for a new language-based classroom at the Junior High School for the 1994-95 school year.

The Department of Special Services has welcomed a new member to its staff. As of December 1993, Linda McDermott will serve in a part-time capacity as a teacher of the visually impaired and will provide these services, as needed, throughout the school system.

St. Thomas School **Looking For Names** Of Former Students

Saint Thomas The Apostle School, West Springfield, is continuing efforts to update its list of

Anyone having information regarding former students is asked to forward names, addresses, and year of graduation to: St. Thomas Alumni, 149 Wolcott Avenue, West Springfield, MA 01089.

If you have already responded to previous notices which appeared last spring, it is not necessary to respond again.

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Agawam Schools' "What's Happening" (January 22nd Through January 28th)

January 24th - Monday

Granger School - C.A.A.P. Week begins Robinson School - Adelphi Read Aloud

program continues

Junior High - PTO meeting, 7:00 p.m. High School - Midterm finals continue, 1st, 2nd, and 3rd Period - exams end 12:15 January 25th - Tuesday

High School ...

- Midterm finals continue, 4th, 5th, and

7th Period - exams end 12:15

"Voc/Tec" Orientation night for any and all interested in possibilities/options in vocational and technical education at : High School, 7:00 to 8:30, cafeteria

Alcoholics Anonymous presentation, open to the public, 6:30 to 8:00,

School Committee Meeting * January 26th - Wednesday

Early Release Day - Teachers' In-

Granger School - Holiday Workshop, 9:00 a.m., cafeteria

High School - Make Up Exams, 7:35 to 10:40 for students who missed an exam previously

January 27th - Thursday

Clark School - School Advisory Council: attending all-day workshop on "Developing School Improvement Plan"

Middle School - Accelerated Reader Party, 9:00 - 11:00

Junior School - School Advisory Council meeting, 7:00 p.m.

* January 28th - Friday

Clark School - "Crazy Clothes" Day (all: students/staff)

Report Cards (all schools except high: : school)

Openings Available **At Perry Lane Nursery**

The Agawam Parks/Recreatio Department is presently accepting registrations for the fall semester at Perry Lane Nursery (the little red schoolhouse located in Perry Lane Park).

Children who will be four years-old by September 30th, 1994 may attend the Monday/ Wednesday/Friday session from 12:30 to 3:00 p.m.

(The morning session has been completely filled.) Tuition for the three-day per week session is \$585, payable at \$65 per month.
Children who will be three years of age by

September 30th, 1994 may attend the Tuesday/ Thursday session from 9:00 to 11:30 a.m. Tuition for the two-day per week session is \$450, payable at \$50 per month. All children attending must be

toilet trained (unless a physical disability exists).
Registration is daily Monday through Friday
from 9:30 a.m. to 4:00 p.m. in the recreation office (located in the rear of the Agawam High School lower driveway).

If you wish more information about the school or wish to visit the school, please call the office at 786-0400, ext. 456. Perry Lane Nursery will be in session from September 12th, 1994 through May

19th, 1995. This is an excellent opportunity to prepare your child for kindergarten. The school, because it is self-sufficient, is open to non-residents as well as residents.

Vocational Education To Be Discussed At AHS On Jan. 25th

An important informational meeting on vocational education will be held on Tuesday, January 25th from 7:00 to 8:30 p.m. in the Agawam High School cafeteria and is open to all interested citizens, parents, and students.

This meeting will be conducted by Mr. Edward Bouquillon from the Pioneer Valley Collaborative, which services Agawam and surrounding areas.

Ag. Middle School **PTO** Newsletter

The Agawam Middle School PTO held a meeting on January 10th, 1994, at 7:30 p.m. in the school cafeteria.

The Accelerated Reader program will celebrate with a party on January 27th, for all students who earned at least 10 points during their participa-

Thank-you notes were received from all the staff for ornaments given as Christmas gifts, and the profit from Santa's Workshop was \$769, with Meadow Farms rounding it up to \$800.

Big Y express points as of December 26th, 1993, totalled over four-million, and the Food Drive chaired by Kathie Kida was a great success. Mrs. Johnson's students also decorated bags that were sent to the homeless.

The Book Fair run by Mrs. Jones as in previous years will take place from April 6th through 8th. Parents are still needed to help out as library aides to assist the school librarian, and she will receive a PTO donation of \$250 to replace worn

The sixth grade has requested that the PTO fund a field trip to StageWest this year rather than have the Writer's in Residence Program come to our school. If the cost is approximately the same (\$350), the PTO will honor that request.

A survey by the Middle School Council will be collected this week from students and staff members. A parent survey will also be conducted.

The Ski Club could not be organized for this year. The PTO has put this matter to the School Council to see what can be done for next year.

The Agawam Advertiser News will feature a poetry book by Mrs. Defilipi's sixth graders under the first "Rooms in News" suggested by the Adelphi Committee.

Please call Donna Shibley at 786-3888 if you are interested in volunteering for the Sixth Grade Blast Off Party in May.

The Scholarship Committee will be discussed and organized at the February PTO meeting. There will be a Scholarship Fair at Agawam High School in March, and one person is needed to pass out applications and answer questions during this event.

The next Agawam Middle School PTO meeting is scheduled for February 7th at 7:30 p.m. in the school cafeteria. All are welcome to attend.

Best local news - AAN!!!

Agawam Schools' Weekly Lunch Menu

Monday, January 24th: Steamed frankfort in roll, oven French fries with catsup, seasoned green beans, chilled salad pears in syrup,

Tuesday, January 25th: Meatballs with tomato sauce, buttered macaroni, mixed vegetables, bread and butter, apple crisp, milk.

Wednesday, January 26th: In-Service Day (no lunches served).

Thursday, January 27th: Baked macaroni with cheese sauce and ham cubes, seasoned carrots, 1/2 peanut butter sandwich, applesauce spice cake, milk.

Friday, January 28th: Orange juice, hamburg in roll, steamed parsley rice, seasoned peas & carrots, mustard, relish, catsup, strawberry jello with topping, milk.

(NOTE: Please remember to purchase your tickets on Mondays for the week. Personal checks are accepted, payable to the Agawam School Lunch.)

Jr. High PTO To Meet Monday, January 24th

The Agawam Junior High School PTO invites all parents to attend their next monthly meeting, scheduled for Monday, January 24th, at 7:30 p.m. in the school cafeteria.

School Dept. Calls **New Kindergarteners**

Children who will be five years of age prior to October 1st, 1994 are eligible for enrollment in Kindergarten in Agawam for the 1994-1995 school

Parents of children who will be eligible for Kindergarten are requested to contact the nearest elementary school as soon as possible.

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EARLY RETIREMENT - from Page 1...

Johnson said the Massachusetts Teachers' Retirement Board has yet to develop the formula that would allow communities to assess the actual cost of participating in the program. "It's very convenient that the figures won't be available until after the window of opportunity for accepting the program has passed," Johnson said.

The School Committee has until April 30th to decide on participating in the program.

Johnson distributed his own spreadsheet that

detailed his projected cost to the district of par-

ticipating in the program.

Johnson told Mrs. Kozloski, "My spreadsheet is based on fact, not on myth. It's based on the actual costs and on our contract."

Using figures that reflected the added costs of providing health care to retirees until age 65, and the actual salaries for the lowest paid 10 teachers hired this year in Agawam, Johnson estimated that the Early Retirement Incentive would cost the school district approximately \$180,000 over the next 15 years.

Although the district has 57 teachers who would be eligible for early retirement, estimates on the costs of the program are based on 10 teachers being allowed to participate. Even though no decision has been made on the pro-posal, it is likely that if the town did accept the initiative, the number allowed would be much lower than the 57 eligible teachers.

In other action, the committee unanimously agreed to table a motion to appoint former School Committee member Louis Massoia as their delegate to the Lower Pioneer Valley Educational Collaborative (until it can be determined if any present committee member wishes to serve in that capacity).

Robinson Park School fourth graders Kara Gilhooly, representing teacher Patricia Burnett's class, and Matthew Couture, from teacher Andrew Bower's class, invited the School Committee members and anyone in the viewing audience to come to the school during Read-Aloud Month to read to a class

A project of the Adelphi Committee, the program encourages reading aloud to children on a daily basis to stimulate language and listening skills, and to foster togetherness and a love of

The program will run from January 18th through February 18th. Anyone interested in reading to a class is urged to contact the school, and a convenient time will be arranged.

NO ONE covers the Ag. Schools like us, each week ADVERTISER NEWS

Nikita Reshamwala "Kid Reporter" For TV-40 Saturday Programming

by Kathy Cassanelli

A seventh grader at Agawam Junior High School, Nikita Reshamwala recently became part of the five-member team of "Kid Reporters" at WGGB-TV 40. Each week, one member of the team records a 90-second spot to be broadcast

during children's programming on Saturday.

Under the umbrella of the station's School Matters Program, the project offered area students aged five to 15 the opportunity to audition for a slot on the News 40 "Kid Reporter" team last Oc-

At the suggestion of her father, Prabodh Reshamwala, Nikita joined a group of 150 area students trying out for the part. "By the time we got to the station, there was already 60 kids waiting," Prabodh said.

"I was nervous," Nikita admitted, "but I guess it didn't show. They gave us a script to read and reminded us to read slowly and to look up." Watching from the sidelines, Mina Reshamwala said she was not at all nervous for her daughter: "She did really good!'

For her audition, Nikita read a story about President Bill Clinton's vacation on Martha's Vineyard.

Since joining the team, Nikita has done two broadcasts. The first story dealt with the "Coats for Kids Drive" to collect winter coats for children in need. Nikita and her family didn't have a chance to watch the broadcast of her second story (which aired on Christmas Day while they were visiting relatives in Boston).

Along with their parents, Nikita's two sisters

are her biggest fans. Neha remarked, "I think she did very well in front of the camera." Rita agreed, saying, "She looks really good on TV."

Experience On TV Is Valuable

Although not planning a career in broadcast journalism at this time, Nikita feels her experiences on the news team can only help with her dream of becoming a professional model. Prabodh agreed that the opportunity to appear on camera seemed to fit in with her interests in dancing, modeling, and drama: "This opportunity may open doors for her. She can use the experience in a variety of fields.

Nikita has been a student of dance, tap, and acro for many years and is currently enrolled at Models & More. Nikita is the winner of the 1992 Miss Agawam Pageant and has participated in pageants all over the Northeast. In March, she will be attending a modeling competition in New York City that features models and agents from around



NIKITA RESHAMWALA

The "Kid Reporters" tape their stories on the Tuesday before the stories air. Sitting at the News 40 anchor desk, the students read their copy off the tele-prompter as the rest of the news staff continue working at their desks. Nikita said the on-camera personalities are supportive and en-

couraging to the young reporters.

Although the idea of involving students in broadcasting the news was being considered by station management, the impetus for the program grew out of a School Matters Essay Contest last

year, according to Carol de Carlo, director of marketing at WGGB-TV.

The 150 auditions were judged by station manager Mike Moran, reporter Joanne Quinones, Managing Editor Dave Madsen, and Ms. de Carlo.

The tapes were evaluated as carthusiasm shifts. The tapes were evaluated on enthusiasm, ability to read and speak well, eye contact with the camera, and on-camera presence.

Ms. de Carlo said the news stories are written for children, but are not an attempt to soft-tone the news.

Best local news

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Mary Ann Sparveri On "Who's Who" List From STCC

Eight students at Springfield Technical Community College have been named to the 1994 edition of Who's Who Among Students in American Junior Colleges, according to STCC President Andrew M. Scibelli

Students selected as outstanding national campus leaders are included in the listing; they are chosen by campus nominating committees and the editors of the annual directory.

The 1994 honorees from STCC include Mary

Ann Sparveri of Agawam.

This award is based on academic achievement, service to the community, leadership in extracurricular activities, and potential for continued success. These students join an elite group of men and women selected from more than 1,400 institutions of higher learning in all 50 states, the District of Columbia, and several foreign nations. Outstanding students have been honored in the directory since it was first published in 1934.

Mary Ann Sparveri, a Medical Assistant student, served as President of the Medical Assistant Club, coordinating fundraising, lectures, and luncheons. Additionally, Sparveri held the position of Treasurer of the Agawam Cheerleaders' Booster Club and has contributed to the community by assisting Little League coaching.

Summer Jobs Apps. For Perry Lane Park

The personnel office of the Town of Agawam is accepting applications for summer positions at Perry Lane Park and Camp Rainbow. Applications must be obtained from the personnel office, Town Hall, 36 Main Street, Agawam during the hours 8:30 a.m. to 4:30 p.m., Monday through Friday.

Applicants may also request an application by contacting the office at 786-0400, ext. 213 or 239.

Applications must be returned to the personnel office on or before April 29th, 1994.

The town is recruiting applicants for many and varied positions which require diversified skills and qualifications. For more information regarding qualifications, please contact the personnel office at 786-0400, ext. 213 or 239 or the Parks and Recreation office at 786-0400, ext. 456

Perry Lane Summer Camp will operate from June 27th, 1994 through August 19th, 1994. Camp Rainbow will operate from June 28th, 1994 through August 12th, 1994.

The Town of Agawam is an Equal Opportunity/Affirmative Action Employer.

AHS Concert Band Performs At New Store



AGAWAM HIGH BAND Director Scott Thomson leads the school's Concert Band in performance at the opening of the new Super Stop & Shop earlier this month. Advertiser News photo by

Camp Rainbow Applications For '94 Summer Can Be Picked Up At Ag. Recreation Dept.

Applications are now available for Camp Rainbow, a day camp for special needs children of Agawam. Applications may be picked up at the Agawam Parks/Recreation Office from 9:00 a.m. to 4:00 p.m., Monday through Friday, or at the Special Services Department of the Agawam Public Schools.

The camp will be held at Robinson Park School, Monday through Friday, beginning June 28th, 1994 and ending August 11th, 1994.

Deadline for submitting applications will be April 29th. Please return the application to the Agament Poerceation Office legated at the

Agawam Recreation Office located at the High School (right, rear entrance-follow the signs).

If you wish to return the application by mail, please send it to the Agawam Parks/Recreation Dept., 760 R Cooper St., Agawam, MA 01001.

Completing and returning the form does not automatically enroll your child in Carbo

The Special Services Department of the Agawam Public Schools will determine who will be going to Camp Rainbow this summer.

You will be notified if your child is or is not accepted. If accepted, the camp fee of \$150 is due and payable on or before July 1st. If you have any questions, please call the Recreation Office at 786-0400, ext. 456.

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St. Mary's High School 25 Bartlett St., Westfield





Sports



COACH PHIL TOMKIEL (right) and members of his 1993-94 wrestling program, the seven-time defending Western Mass. Division I Champs. Advertiser News photo by Jack Devine.

Brownie Wrestlers Breeze Through West Side

The Agawam High wrestling Brownies kept its slate unblemished by sandblasting the Terriers of West Springfield 57-7 at WSHS last Wednesday afternoon (January 12th). The seven-time defendence ding Western Mass champions won 10 of the 12

matches and accepted a forfeit in the 13th scheduled bout.

The Brownies did it execution style again as they racked up seven pins along the way, none of which took longer than 1:55. Jon Jacobsen earned the day's fastest fall as he downed Dave Rossi in only 51 seconds in the 189-pound division.

Coach Phil Tomkiel's troops really never gave the Terriers a chance last Wednesday, as they came storming out of the gate and zoomed to an incredible 48-0 lead! It wasn't all wine and roses for Agawam, as Chris Wilkie had to work overtime in the 119-pound class to down talented Jake

Hogan by a 9-4 score.

Hogan had the better of it for much of the match. He had a first-period takedown and a second-period reversal to propel himself to a 4-0 lead, but Wilkie used his skill, confidence, and conditioning to get himself back into it. Two escapes and a third-period takedown later, the match was tied and Hogan was trying to free himself near the third-period buzzer.

by Bob Johnson Advertiser News Sports Editor

The West Side senior made a magnificent move and gained a reversal. The referee gave him the two points, but Tomkiel asked the striped shirt to check with the table regarding the timing of the scoring. The timers at the table agreed that the clock read triple zeroes before the horn sounded, and that Hogan's reversal came after time had ex-

On to overtime, wheer perhaps a deflated Hogan just lost his concentration. Wilkie took him

down to his back and nearly pinned him.

Chris Chechile (1:29) and Chad Boucher (1:00) got the Brownies out of the blocks with quick firstperiod pins at 103 and 112 pounds, respectively, as Agawam built a 12-0 lead before the Wilkie-Hogan battle. Kevin Willard (1:26) and John Scalise (1:45) kept the momentum going with pins at 125 and 130

Dennis Clark had to battle all the way to subdue Shawn Aubin by an 11-7 score at 135 pounds; and, when that battle was over, it was 30-0. Matt Bryant kept the well-oiled machine in high gear with his nasty guillotine move that pinned Joe Babrowicz in 1:55 at 140 pounds. **Dan Vargas** accepted the walkover at 145 pounds to build the margin to 42-0. Kirk Parker dispatched his foe at 152 pounds in just 1:18 to record Agawam's sixth pin.

With Andrew Ingham injured at 160 pounds, Mike Loguidice stepped up for Agawam and had to face West Side's most rugged wrestler, Bob Colbert. Colbert got himself the takedown in the first, but couldn't muscle the hard-working Loguidice. Mike got the big Agawam road crowd excited with a thrilling reversal in the second which tied the match, but Colbert took over from there and powered his way to a 7-2 win.

Alan Baron made it two straight for the Terriers as he pulled away from a tight 5-3 match to gain a 19-6 major decision over Agawam's Chris Langdon at 171 pounds.

Jacobsen did his quick work at 189, which set up a fine heavyweight duel between two of the top area big guys. It was Agawam's Mike Poth who would win it by the score of 6-2 (largely on the strength of his dump, which he hit with just 10 seconds remaining in the first period).

It was a five-point move which broke up a scoreless match and gave Poth a big advantage on the scoreboard. That usually doesn't mean much in a division normally decided by pinfalls. but both kids wrestled hard for the entire six minutes and Poth got the job done to mop things

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Good Performances Help AHS Swimmers Stay Close To WS

The Agawam High boys' swim team lost to West Springfield on January 10th by a score of 92-68. Highlights of the meet included first-place winners Tim Church for diving (207.10) and Jeremy

Spring swimming the 100-yard in 1:08.97.
Second-place winners were Mike Robinson in the 200 individual medley (2:22.45) and Jeremy Spring in the 50-yard freestyle (2:56.30). Jay Suriera scored a personal best for diving (162.05). Mike Robinson took another second-place win in the 100-yard butterfly with a time of 1:06.05.

The swim team then headed to Westfield on the 11th only to lose again, 80-67. Tim Church, however, took first place for the diving event with a score of 193.28, and Jay Surriera came in second (172.73). Mike Robinson was a first-place winner in the 100-yard freestyle in 55.28.

Other first-place winners were John David in the 500-yard freestyle (6:38.89) and Jeremy Spring in the 100-yard backstroke (1:08.12). Matt Grich did nicely in the 100-yard backstroke with a time of 1:48.34.

The boys' meet with Northampton on the 14th was described by Coach Dave Smith as "The best meet so far this year," even though they lost

Mike Robinson had a first-place win and personal best in the 200 freestyle (swimming in 1:57.21). Once again, Tim Church took first in diving (202.7) and Jason Surreira took lifst in div-ing (202.7) and Jason Surreira took second (177.70). Jeremy Spring was second in the 50-yard freestyle (25.25), and Chad Abdow also took se-cond in the 100-yard freestyle (1:07.70). Spring also swam a personal best that qualified him for Western Mass in the 100-yard backstroke

(timed at 1:05.59). Tim Church swam a qualifying time in the 100-yard breaststroke (1:12.33). Mike Robinson came close to breaking a record—swimming the 500-yard freestyle in

As if all of this wasn't enough to exhaust the team, Jeremy Spring, Chad Abdow, Tim Church, and Mike Robinson went on to win the 400-yard freestyle relay in 4:12.39 for first place in the last event of the evening.

(Tuesday's meet was not held due to snow.)

Holyoke Too Much For AHS Hoop

by Bob Johnson Advertiser News Sports Editor

It was evident early in the proceedings that Holyoke High basketball Coach Bill Rigali had brought himself another outstanding squad into Clifford P. Kibbe Gymnasium last Thursday night.

He had a big guy in the middle (Mark Gubala), a smooth point guard (Wilfredo Cabrera), a big and quick forward capable of dunking (Larry Gilbert), a strong 2-guard (Adam Lunardini), and a silky shooter who could glide in the paint (Robert Sisson). This team was the real deal and Agawam had no answers for them.

The result was a predictable 83-59 drubbing which dropped the hard-working and overmatched Brownies to a woeful 1-7

The loss capped a dismal week for the home team, which lost yet another appeal regarding the elibibility of their Ukranian transfer center Youriy Zdrak on Wednesday. The Zdrak case will now move to the legal venues with court action expected on January 25th. Agawam High will begin the league portion on their schedule on that day.

The Brownies also had several team members leave the team during this reporting period.

The duo of Sisson and Cabrera combined for 28 first half points which helped propel the defen-

ding Western Mass. champs to a 47-26 halftime lead. Sisson opened up the inside game by connecting on several perimeter jumpers in the early going and the Holyoke fast break took over from there. Cabrera and Sisson slashed through the lane at will and the Purple Knights displayed unbelievable short passing game which freed them for layup after layup.

Long Range Shooting & Quick Bursts The Brownies tried to

hang in with long range

shooting and quick bursts to the hoop. Nathan Wooley gunned his jets to 11 first half points as the frenetic pace suited his game perfectly. Mike Knodler score six points from his point guard slot and Todd Boskiewicz showed no fear moving amongst the trees as he headed to the hole time after time.

But, truth be told, the matchups favored Holyoke at every position and the Brownies had to take their lumps all evening long. Coach Mike Martin tried everything in his defensive arsenal to slow down the Purple Knights, but they scored at will in transition and from their half court sets. It

was garbage time early.
So early, in fact, that the Holyoke fan contingent was singing that horrid "It's All Over" with two minutes remaining in the first half!

The Brownies could take a small measure of pleasure from a nifty 11-0 spurt that they put on their talented rivals late in the ballgame. Knodler, Derek Poole, Chris Bitzas, Jim Baldyga, and Joe Albano stood tall for several minutes. It only served to trim a 32 point deficit down to 21, but it showed that the kids kept their heart and spirit alive with all odds against them.

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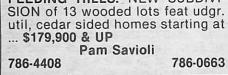
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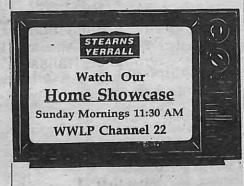
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What AHS Wrestling Team And Girls' Hoop Have In Common...

by Bob Johnson Advertiser News Sports Editor

Midway in the winter high school sports season, nobody has come close to denting the armor of either the Agawam High wrestling team or

the Agawam High girls' basketball team. Last Wednesday (January 12th), the wrestling team got an invitation to compete in the West Springfield Invitational Tournament. It was astonishing, because it was the equivalent of inviting the Cookie Monster to a bake sale! Agawam went through that competition like a hot knife

through butter.

On the same weekend, Central High School in Springfield hosted its annual tournament and they extended an invitation to a school in faraway Pennsylvania. That team came North and banged their way to an impressive win. (This was not surprising to this reporter. Once, while on a business trip in that state, I heard high school wrestling being broadcast on the radio!) Meanwhile, the Brownies have never been asked to come to the Golden Eagle Classic.

The girls' hoop team is off to a 9-0 start this season. They won six games in a row before encountering the "iron" part of the season's first half. They blitzed defending state champion Amherst and defending Western Mass runner-up Northampton by double digits. Then, they downed undefeated Longmeadow by four points; however, had they not had a late-game lapse in concentra-tion at the foul line, the Lancers, too, would have

fallen by much more. It is not unlikely that the wrestling team will go undefeated through its regular season fare. They might not even be tested. It is not unusual for Coach Phil Tomkiel's Brownies to win dual meets

by 50 to 60 points. They have won tournaments by

as much as 100 points (and more!) in recent years. It has been well-documented in these pages that the girls (under Coach Lou Conte) could literally dominate a team enough that they could shut them out. In what was supposed to be a rebuilding year, Conte has his troops out in front and looking to stay that way. He has return engagements on the road against the aforementioned "Big Three," and each of those games could be a big test away from Clifford Kibbe Gym. Still, on a neutral court, the Brownies appear to be the best of the lot.

Tomkiel And Conte Stress Teamwork

good coach has certain principles and building blocks which surround the system that is installed from year to year, and Tomkiel and Conte have always stressed teamwork and fundamentals higher than any individual statistics or milestones. Occasionally, a star will emerge from one of their teams, but the bottom line is that each of the coaches is far more concerned with Agawam High School emerging victorious.

Players are lost to graduation each season, and the entire fan populous worries about the success (or lack of it) for the next year's squad. Still, year in and year out, these two coaches have their charges right up at the top.

There are times when Tomkiel has nine or 10 seniors (out of 13) in his starting lineup. The team has won seven straight championships in Western Mass, and each year it is a simple matter of reloading with the enthusiastic kids who have

AHS Ice Hockey Enjoying Big Season



SIX GOOD REASONS WHY the Agawam High varsity hockey team continues to be a strong force in Western Mass. this year are, from left - Assistant Coach John Cirelli, Dan Moriarty, Eric Mastroianni, Brandon Parelli, and Marc Turgeon (all captains), and Head Coach Fran Pycko. Advertiser News photo by Jack Devine.

paid their dues on the junior varsity mat. Drill, drill, drill ... and when your turn comes around, you'll be ready. Those are the essential ingredients that go into the success that AHS has enjoyed in grappling.

Conte is a master of getting the most out of kids that simply don't look like they belong out there. He'll teach a kid how to box out or play defense and send her out there and get a sizable contribution. Other kids will learn to dribble and hit a 12-foot set shot. The progress is remarkable at times. He always seems to make the puzzle pieces fit, regardless of how odd-looking they might be in the beginning.

High school athletics are designed to provide a barometer for kids to learn and to grow and to improve, and these two programs give them opportunities to do exactly that. These kids are all treated with respect and dignity by their coaches, and they also get the added advantage of being on a team that is considered a winner by knowledgeable people from near and far.

A Lot Of Pressure On The Brownies That may present a horse of a different color. When you don the orange and brown for either of these sports, you are expected to win—every time that you take the court or mat. Hundreds (and sometimes thousands) of fans come to watch with their expectations in the clouds. The pressure is immense.

But, there are two sides to every story. Teams can go barrelling through regular seasons and playoffs on a collision course with destiny. When you are number one, there are teams out there

Pam

Lost

just salivating ... waiting for an opportunity to knock the champion from its perch.

There can be just one winner. Only one team will be crowned State Champion or Western Mass Champion. So, as the two teams come down to the crunch time portion of their schedules, we must all remember how classy that these teams and coaches have been while winning.

They have sought out difficult competition and they have acted with respect and good manners towards their opponents. Many nights, there is no competition (to speak of), but the coaches have asked their teams to rise up and challenge

There is no outward cockiness; no first-half chants of "It's All Over." Just sportsmanship, dedication to detail, and a return to fundamentals. Each youngster on each team knows that he or she has a role to play as the season progresses: Get that Rebound ... Run that Bar ... Make that Free Throw ... Get that Wizard in there tight ... Cut off that Passing Lane ... Stay Away from the Fancy

A simple mistake could cost the team a championship. The farther you go, the more lights get turned on, the more fannies in the seats, the more intense the competition.

Two state championships coming to Agawam? Probably not. That's one tough Daily Double. Two Western Mass championships? Quite probably. But, rest assured that these two Goliaths are out there working hard every day. Neither team has any quit in them, and both teams have been there

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Brownies Have Enough To Stop Longmeadow

by Bob Johnson **Advertiser News Sports Editor**

It didn't look much like the Brownies coming down the stretch as they missed the front end of five straight one-and-one opportunities at the foul

But the Agawam High girls' basketball team had filled the tank just enough to get away with it to limp home with a thrilling 50-46 win over previously undefeated Longmeadow to complete

a tough trifecta of games last week.

The crowd got a bonus for coming out on the frigid and slippery Friday night as Agawam senior center Cyndi Stone hit a turnaround shot in the paint with 9:17 remaining in the first half. And, with that, the 6'2" dominator had racked up her 1,000th and 1,001 points of her career.

A short celebration ensued as Stone accepted the flowers and the balloons and spent some "quality" time with her family. She entered the ballgame needing just one point to surpass the milestone. This made the feat almost anticlimatic when stacked up against the importance of the ballgame. Stone had scored 25 huge points in a "must win" against Northampton in her previous game and then fouled out before she had a chance to score the big point.

So minutes later, the two undefeated teams (8-0)

coming in) were back after one another in a contest that would prove to be a humdinger throughout. The Lancers would score the first, third, and fifth bucket of the slow starting game and that kept them out on top until Dina DeMarco made a steal and a layup. This gave the homestanding Brownies their first advantage with just over six minutes to play in the half.

Hoop Ignits A 9-0 Run

That hoop ignited a 9-0 run which included hoops from Stone, Kristin Schmaelzle, and DeMarco (again), and the Brownies looked to be singing a sweet, sweet tune with a 15-6 lead on their home floor.

But these Lancers proved that their quick season-opening start was no fluke. They brought Angie Napoli and Sara Maggi off the pine and those two, and starter Martha Shay, helped get them to the intermission with a 9-4 run, cutting the margin to 19-17 as the teams left the floor.

Lancers Coach Mary Murray wasn't around to give her team a fiery halftime chat. (The Longmeadow coach was in California as she was nominated for National Soccer Coach of the Year.) Agawam Coach Lou Conte was present and accounted for and surely his troops were getting the treatment as they took their halftime break.

It would be Heather Lettney of Longmeadow who would come out of the locker room and provide an early spark for her club. She immediately bagged a bucket inside and with the resultant foul (and made free throw), the Lancers had taken their first lead since it was 6-4.

SEE GIRLS' HOOP - Page 40...

Brownie Girls Continue To Lead Div. C: Boys' Team Holding Down 4th Place

by Shelly Michaels **Advertiser News Correspondent**

It was a skiers' paradise! All around you, snow. A blanket of fresh powder lay across the mountain as the snow blasted Berkshire East harder than it had in almost a decade.

The skiing is its absolute best when natural snow falls on top of that man-made base at Berkshire East. Taking advantage of these ideal conditions, the Agawam High girls' ski team continued its dominance in the Division C 48 gate slalom race by again placing first on Tuesday,

January 11th.

Leading the team to victory was Ali Rusava, an exchange student from the Czech Republic. followed by team captain Dyan DeLuce, Danielle Petrangelo, and Kim Graveline.

Coach Jim Graveline told us, "The girls did a phenomenal job. They are extremely competitive. They are cutting two to three seconds off their time for the last race.'

When clocking time in skiing, one or more seconds is considered to be lengthy in comparison to the fractions of a second that usually separates the best ski racers. The competitors must ski with a high degree of precision in order to stay in the top four places.

Graveline added, "Depth is our major strength. All of the girls' hard work and effort has come to fruition, thereby resulting in better judgement, increased control, and winning scores.

The team is anxiously awaiting the return of Erica Schlaffer, who was away on a family vacation in the Colorado Rockies. Schlaffer, an enthusiastic skier, adds even more depth and talent to the Brownies.

Also helping out during the January 11th race was first-time varsity skiers Cindy Alfano and Celeste Arraztoa, an exchange student from Chile. Both demonstrated their ability to ski up. On Thursday, January 13th, just two days after

their last race, the Brownies competed in the Giant Slalom event, again at Berkshire East. And the results were the same in Division C - first

On this day, Ali Rusava, Kim Graveline, Dyan DeLuce, and Danielle Petrangelo posted the

team's four best times. Both Meagan Moriarty and Chris Trauschke raced for the varsity. Graveline boasted, "I'm very proud of the girls' achievements. Our main objective is to stay focused and remain on top (of the division)."

The team's next race was slated for Thursday, January 20th, also at Berkshire East.

On the boys' side of the slopes, the January 11th race had but one icy gate which gave the Brownie skiers some trouble.

Despite this obstacle, the team placed fifth overall in Division B. Senior Joe Scherpa brought in the best time at 27.70 seconds, followed by cocaptain Matt Bellico (29.88). Andy Markowski hit a

31.25 and B.J. Cortis checked in at 32.02.

The team's number two racer, junior Brandon Robb, was disqualified due to a binding problem at the start of the race.

Coach Glen Olsen commented, "Brandon is a good technical skier. Had he not been eliminated, his time surely would have made a difference."

The Brownies are currently fourth in Division B in points, prompting Olsen to note, "With each race, the team is showing an increased awareness. They have no preconceived notions about the slope. They are developing an ability to respond to any situation and carve their turns accordingly." cordingly.'

Last Thursday's results in the slalom race gave the Brownies a fourth place finish in Division B. Co-captains Joe Scherpa and Matt Bellico brought in the two best times, followed by B.J. Cortis and Paul Braccialarghe (who raced for the first time with the varsity and did a fine job).

Unfortunatley for the Brownies, Brandon Robb was "robbed" by his unofficial score of 43.81 seconds as apparently no one except the time keeper noticed an error during his run (forcing a disqualification). This decision is presently under

Checking in with good performances for AHS were underclassmen Andy Markowski and B.J.

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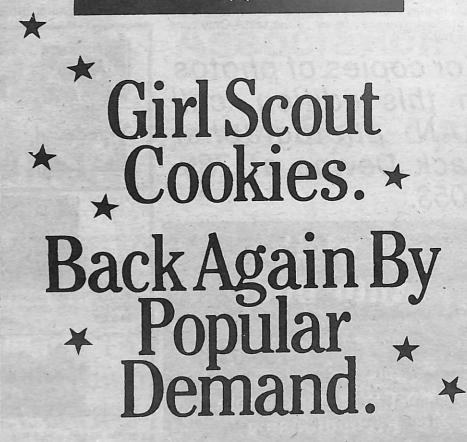
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AHS GIRLS' HOOP - from Page 39...

Stone (game high 27 points/18 in the second half) made two free throws to put the Brownies back up on top. She extended the margin by rebounding home her own miss for a 23-20 lead.

Jen Martinelli kept her team enthused as she rescued one home out of a furious scramble. She would complete the three point play with a free throw to tie the ballgame. She would complete the three point play with a free throw to tie the ballgame. Stone kept up her yeoman work with four more points (which meant that she had scored 10 straight points for her club!). But Lettney and Shay would each have answering hoops and the teams were tied at 27-27.

DeMarco would involve herself nicely from the point guard slot for the next couple of minutes. She started it by nailing a 17-foot line drive to put Agawam on top. But Shay quickly knotted the game by getting a hardworking hoop inside.

Napoli would miss two free throws, but a lane violation on Stone gave her a third opportunity which she converted to give Longmeadow its final lead of the contest.

DeMarco Sends Locals On 8-0 Spree

DeMarco would key the second big run of the night for Agawam as she sent the locals on an 8-0 spree by connecting on a long three point bomb from behind the arc on the right hand side. Stone zipped in a couple of free throws and then Schmaelzle made a snappy hoop inside (off an outstanding DeMarco pass from out top). Stone hit a free throw to put them up 37-30 and it looked good for the home team.

Longmeadow kept unveiling the weapons as Kate Leonard and Kate Girotti each scored two and suddenly they were within three again (37-34). DeMarco kept trying to slam the door as she hit Schmaelzle with another fastball and then buried one from 18 feet that sent Longmeadow reeling in-

to a timeout (trailing by seven with 4:07 to go).

Stone came out of the timeout and hit two power hoops inside to push the lead to 11 with

three minutes to play.

The rare stuff began in earnest from that point forward as the Lancers had to resort to the fouling game and they won it hands down. The Lancers would go 8-8 from the stripe; the Brownies would make just 2-9 in the game's final 1:07 as the Lancers tried to creep closer.

The run that had gotten them to within four might have been a little more scary for Team Conte if not for the fine offensive rebounding work of Alison Jean, who picked off two huge caroms in

the game's waning moments.

The win sent the Brownies to 9-0 and had to give them a great feeling as they swept the three teams that figure to be in the Western Mass. version of the Final Four. They beat Amherst, Northampton, and Longmeadow in consecutive order, but Conte would be quick to point out that all three occurred in the friendly confines of Clifford P. Kibbe Gymnasium on the campus of Agawam High School.

Down the road, the Brownies will have to hit the road to play the same three teams in a hostile environment. Will they be up to the task? Only time

For copies of photos in this edition, call AAN photographer Jack Devine at 789-0053.

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REHAB GAB - by Bob Kusmeski, MEd, AHS Trainer

Pay Heed To "You Are What You Eat"

The expression "You are what you eat" could not be more true when the topic of nutrition is mentioned. All bones, muscles, nerves, and other body tissues are made of nutrients in the foods and fluids consumed each day.

It is important to be aware of what you eat and your eating habits. This can be very challenging with a lifestyle that revolves around saving time. Often, processed, frozen, or canned foods, higher in sugar, fats, salts and non-nutritional substances are consumed without much thought.

If you take a close look at your eating habits, you may notice the same foods are eaten quite often, with little variation. This can be unhealthy and sometimes harmful because a single food item will not supply all the essential nutrients necessary for healthy living.

It is possible even 10 or 12 food items eaten on

a regular basis will not have the vital nutrients needed for good health. Besides, eating can become boring if the same foods are always

With this in mind, it is advised that a wide variety of foods should be eaten to insure proper nutrition and good health. Eating a diversity of foods will lower the chance of having a deficiency or excess of any of the required nutrients.

What are nutrients? These are the components that make up the four basic food groups, which will be explained later. The essential nutrients the body needs are: carbohydrates, fats, proteins, vitamins, minerals, and water.

Carbohydrates are the body's main source of energy, and should make up about 50 percent of the daily dietary intake. When broken down into simple sugars, carbohydrates make mechanical work of the body (walking, talking, running, etc.) possible.

If your activity level is less than the amount of energy provided by the carbohydrates, some of the simple sugars previously converted to simple sugars will be stored in the muscles or liver, while the rest is converted to fat and stored.

Fats are also a major form of energy for the body, in a form that is more powerful than carbohydrates. Comparing a gram of fat to a gram of carbohydrate, the fat has twice as much energy as the carbohydrate.

However, the body cannot transform the energy from fat as efficiently as carbohydrates. Fats should make up about 30 percent of the dietary intake. This nutrient is important for protection of internal organs, and nerve transmission.

Proteins are needed for building body tissues essential for preventing diseases or illness, and maintaining the function of body tissues like muscle and bone. A diet composed of 20 percent of protein is considered adequate.

Vitamins and minerals do not provide energy for the body, but help to create chemical reactions necessary for the body to maintain a healthy state. A lack of vitamins and minerals in the diet will not allow the body to convert carbohydrates, fats, or proteins into useful products.

Minerals also have the ability to become part of body tissues, such as calcium for bones and iron for blood. Vitamins and minerals are usually in abundant supply in a balanced diet. Taking vitamin and mineral supplements will usually not improve the body's functions and can sometimes create problems

Water, one of the three prime necessities of life, is often the forgotten nutrient. Water comes from several sources. Most of the water is ingested from fluids or the fluid elements of 'solid' foods. Water brings nutrients to cells and removes waste products. It also acts as a lubricant for body tissues and helps maintain body temperature.

With this basic explanation of what nutrients

are needed for a healthy body, a question that may come to mind is "How do I get these nutrients?" The answer to this question will be addressed in the next installment of REHAB GAB. "Never Be Satisfield!"

NRA Pistol Course Set By **Agawam Revolver Club**

The Agawam Revolver Club, Inc., will sponsor several upcoming N.R.A. pistol safety courses. The course dates are:

February 13th at 10:00 a.m.

* March 12th and 13th at 1:00 p.m. April 11th and 13th at 6:00 p.m.

These courses are open to anyone and will be given at the Club's newly rebuilt indoor range at 230 Southwick Street, Feeding Hills. The cost is \$60, and all materials (except ear and eye protection) are included.

For applications, call 786-1019 or write: The Agawam Revolver Club P.O. Box 502 Feeding Hills, MA 01030-0502

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BayWest Panthers On 8-10 Squirt Roll

vs Mid-Fairfield

The BayWest Panthers, Squirt "B" 8-10 year-old division, began their assault in the Simsbury, Connecticut tournament bright and early on the day after Christmas. With sleigh bells still dancing in their ears, the team exploded out of the gate with a convincing 7-2 win over the Mid-Fairfield team. "Mr. Aggressive," Bryan Ciborowski, crashed the net to bang home a Jeremy Bourke rebound to ignite the Panthers attack in the first period. The

ignite the Panthers attack in the first period. The alert Dan DiStefano, after picking up a pass from Sean "Home Alone" Curley, recognized they were in the middle of a line change and carried the puck in by himself, cut in on the goalie, and nailed a low blast into the left corner.

The three rapid fire goals in the second period put away the Fairfield squad, as the Panthers were energized from their Christmas candy! Some great work keeping the puck in the zone by "Jolly" James Leduc and "St. Nick" DePalma's controlling the puck in the corner, led to a tough angle

deflected goal by the rangy DiStefano.
"Red-haired Rudolph" Russell Giroux scored the team's fourth goal on a nifty move, bouncing the puck off the boards and carry around the defense with an assist by Devin Liebro. "Dasher" Liebro scored a shorthanded tally from in front on a terrific hustling job by DePalma.

Ciborowski extended the lead in the third stanza on a pretty wrist shot into the lower right corner by letting it fly from the circles. Liebro closed out the scoring by being at the right spot in front to convert a nice centering pass from Kevin "Klaus" Flaherty and solid corner play by Adam "Angel"

The Fairfield team avoided the shutout by getting two goals in the final minutes. With good effort on the wing by Jeff Osetek and defenseman Kevin "How do you like my Santa hat?" Atkin, and steady goaltending by Matt Bocchino, the Panthers were off on the right foot.

The Panthers' second game was against the tough host from Simsbury, Connecticut. The score was tied 1-1 after one period, as both teams played hard-nosed, up and down, aggressive hockey, proving to be a good challenge for one another. "Johnny on the Spot" Bourke capitalized on a rebound off a blast from Liebro with an assist from Curley for the Panthers' first tally.

In the second period, the Panthers would not be denied, as they carried the play to Simsbury. "Bam Bam" DiStefano strolled out from the corner and surprised the goals for the second goal. Bourke, playing a terrific game, after receiving a pass from Sprague, sprinted up ice, angled toward the net, and released a high, hard, wrist shot that clanged off the post and into the cage.

Devin Liebro, a strong positional player, was once again in the right location to power in a DiStefano rebound to score the Panthers' fourth goal and give the team some breathing room.

In the third period, Simsbury scored on a bad hop, flukey goal to close the gap to two. However, Bryan "I've had enough of this" Ciborowski converted yet another rebound opportunity from a piercing shot by "Jungle" Jeff Osetek to secure a

The defensive tandems of Adam Sprague, Kevin Flaherty, James Leduc, and Kevin Atkins were awesome. They were a tremendous force in shutting down the talented Simsbury squad. The coaches were thrilled with their solid play, and the overall backchecking and hustle by all the for-

vs. Enfield

The Panthers' third game was a major challenge due to the severe weather conditions with the temperature around zero and the wind chill driving the life from your bones! Note, the tournament was played at an outdoor rink. The boys displayed tremendous courage and perseverance in overcoming the arctic-like conditions ... they were all very brave soldiers and it was a testament to their internal fortitude.

At the outset of the game, the coaches stressed the need for a fast start, as the weather would certainly be a factor as the game wore on. Well, the crafty draw by Liebro on the opening face-off got the puck over to DiStefano who proceeded to light up the scoreboard after only 12 seconds.

The Panthers were barely finished clapping when the trio of Liebro, DePalma, and "Lightning Rod" DiStefano struck again. Talk about execution! Two goals in 24 seconds ... unbelievable!

DiStefano was on a roll as he netted a true "hat trick" on a sharp tip-in with good passing from Ciborowski and DePalma. Liebro was not to be denied on the fourth goal of the period as he kept plugging away to push one through the frozen pipes from a scramble in front. The Panthers appeared to be safe with a 4-0 lead, but it was too

Enfield came alive in the second period to score three goals, two on breakaways catching the Pan-



MEMBERS OF THE BAYWEST PANTHERS captured the first place championship trophy at a recent Squirt B Division Tournament in Simsbury, Connecticut.

thers flat-footed, and a third with them backing in on the goalie. This attack by Enfield forced the Panthers to dig down and respond to the uprising by adding two goals themselves.

Bourke dented the twine with an assist by Ciborowski. DiStefano and Liebro worked well together, leading to a score by Liebro as the puck was too "cold" to handle as it trickled slowly into the net. The key to the game from a defensive standpoint was the way Panthers goalie Matt Bocchino rose to the occassion in making several outstanding saves from point blank range during

the exciting second period.
"Mild-mannered" Matt was as cool as a cucumber and refused to let Enfield back into the contest. DiStefano's offensive prowess was clearly evident as he ended the game with an unassisted goal, his fourth of the game. The final score of 7-3 advanced the Panthers into the Finals!

The Championship Game

On New Year's Eve, the Panthers captured the Tournament Championship game with a thrilling 2-0 victory over Simsbury. It was a "balmy" 20 degrees as both teams were fired up for the

The first period came and went with no scoring but plenty of lively action on both ends. Finally,

the Panthers broke the ice in the second stanza as Adam Sprague carried the puck into the zone smartly and rifled a shot on net which the goalie saved, but Jeremy Bourke jumped all over the rebound to put the Panthers on top 1-0.

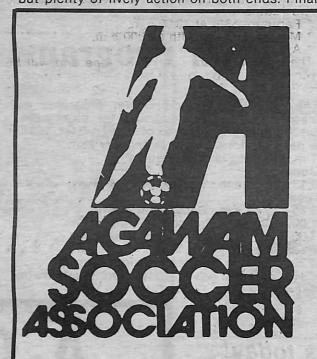
The score remained the same well into the final period. Bryan Ciborowski's nose for the net and eyes for the puck gave the Panthers the insurance goal they wanted as he banged home a loose puck in front, with an assist going to DiStefano. Simsbury pulled their goalie in the closing minutes, but were held at bay by a fine defensive effort by the entire team. Once again, Matt Bocchino came up huge in goal to stymie the oppo-

In summary, the boys played great as a team throughout the four game series and deserved to bring home the Championship trophy. The defense played super, the goaltending was sharp when tested, and the forwards backchecked well

and pounced on every loose puck.

Congratulations, Panthers! Thanks to the players for an excellent effort and to the parents and friends for their positive support. The coaches, Paul Flaherty, Dan Liebro, and Rich Coelho, were quite proud of the team's play and hope it will be a happy memory for the boys to treasure.

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Blue Devils Of **BayWest Continue** Winning Streak

The BayWest Blue Devils have outgunned all comers but one (and then that was a tie). Here's how the last four games matched up:

Around November 27th, 1993, the Blue Devils shut out Tri-State in a 4-0 victory. Due to circumstances beyond anyone's control, no individual statistics regarding this game were able to be published; suffice it to say that the entire team did an outstanding job at holding Tri-State throughout the game and ended with all those present on their feet.

On November 28th, 1993, the Devils met Holy Name, who have given them problems all season. Holy Name's Matt Berg scored 3:31 into the second period off an assist from teammate Brian Collins. BayWest's Zak Lapponese answered back with a goal of his own with two minutes left in the second. Also in the second period, Nick Petrangelo received a 1:00 penalty for roughing. We're wondering if the refs were at the same game. Period three was a back and forth affair. Roger Coughlin scored the winning goal for BayWest 3:01 into the period, while the guys outskated Holy Name to clinch the game 2-1...

On December 4th, 1993, the Devils faced Westfield for a game that looked more like rock-um-sock-um robots than hockey. Both teams played hard and they are all to be commended.

BayWest's Zak Lapponese hit Westfield first with a goal off a Sean Astle assist. Westfield's A. Bellamy came back 2:14 in the first with a clean shot of his own to tie the game. Westfield never stood a chance after that. Tom Burk jammed one in 2:03 in the second for the Devils. Anthony Dimaio popped one off 5:17 in the second, and Roger Coughlin's hard-fought goal 8:03 in the se-

cond sealed Westfield's fate.

As was stated earlier, this was not a pretty game. The penalties went down like this: Nick Petrangelo of BayWest received 1:00 for tripping 4:12 in the first period stopping a Westfield breakout; Westfield's G. Gisres was banged 1:02 in the first for slashing; and good ol' Nick Petrangelo got caught tripping 4:45 into the third period. The final score for the day was BayWest 4, Westfield 1...

The last game for which paperwork was available on occurred December 12th, 1993, against the Ludlow Oilers. Ludlow came on stronger than the Devils may have been prepared for. No scores were made throughout the first period by either team; however, there were some very nervewracking close calls up and down the

Ludlow's Nick Pettigrini scored:07 into the second period with a beautifully placed glider from center ice at the face off which just stunned everyone. The Blue Devils fought back hard to get their only goal at 8:23 into the second, with Dennis Contrada setting up a Roger Coughlin chip shot to tie the game at 1-1.

Both teams hung in there tough, although there were no other scores to be made. Penalties were accrued on both sides of the ice: Roger Coughlin for BayWest picked up a tripping penalty 2:56 into the first period, as did Ludlow's Brian Liberty 2:59 in the second period...

As the scoring looks so far, the Blue Devils stand on a 5-1 record. Not toobad for a bunch of

Sports A La Carte...

Howie Long Product Of Media Hype; Famous Parquet Floor Softened Recently

by Bob Johnson **Advertiser News Sports Editor**

Hide the women and children—a lot of you aren't going to like Item Number One this week.

I am tired of the media trying to force feed me the Best White Boy Defensive Lineman available. First, it was BOB LILLY, then it was RANDY WHITE, and for the past six or eight years it has been HOWIE LONG.

Do you really think that Howie Long is half the football player that REGGIE WHITE, BRUCE SMITH, or RICHARD DENT are? Not a chance. First things first—Howie Long's Mexican Jumping Bean offsides act on the line in frigid Buffalo last week cost my Silver and Black the opportunity to play on Super Sunday. (Yes, the Raiders would have pounded on JOE MONTANA, and they

wouldn't have been helping him up, either!)
Also, I couldn't count on one hand how many times that I saw Howie Long smiling inside that big helmet of his during the game—and at the wrong times! Don't get me wrong—he has been a solid gent on the line for a long time and deserves some credit, but he is really not much more than a media darling who gets too much mileage

because of his skin color.
For my money, GREG TOWNSEND is the stud on that line.

Do you think Green Bay will have the same kick return unit when next we see them? Those second-quarter lapses against the Cowboys had to send all of Packerdom reeling.

Has UMass not lost to Kansas, I wonder which position that they would be occupying in the polls right now. These kids are doing it—and the nation still hasn't noticed.

Truth be told, I still don't yearn to get up to Amherst and see them. I can't put my finger on why, but the turning point can't be far away. Can you imagine if they run the table (it would mean a win at Temple and Rhody)—they could take a number one seed into March Madness.

Prediction: If they do get the top seed, I believe that the number 16 team would upset them, and it would be the first time ever that it happened...

Speaking of the demise of Numero Uno, both Kansas (men's) and Tennessee (women's) both got clipped on the same night as we go to press. That's a rare daily double...

From Our Rich Get Richer Department: The nation's top high school player (linebacker LAMONT GREEN out of Miami) has committed to attend

When you are down 3-1 (40-love) in the fifth set, generally you are in trouble, but JIM COURIER was able to wiggle off that hook and move forward Down Under in the Aussie Tennis Open. His opponent (BRYAN SHELTON) said that he was working on his acceptance speech at the time of his big collapse. Not too smart in an opening round mat-

Remember when the Celtics used to lose just one or two games per season at home? The strong sentiment to save the Boston Garden and its parquet floor forever has probably softened due to the events of the past several weeks.

Those hallowed grounds are for the RUSSELLS, COUSYS, and BIRDS, not the MCDANIELS, CORCHIANIS, and RADJAS. Who knows, maybe it will get better. The only way that it will happen, though, is by winning that dang draft lottery.

Imagine fighting with the Lakers at the bottom of the barrel. Don't kid yourself, folks—it's a cur-

don't know about you, but BONECRUSHER SMITH fights don't blow my skirt up anymore. It seems like he is on ESPN and USA all the time...

From Our We Deliver For You Department: At presstime, KARL MALONE has only 11 fewer assists than B.J. ARMSTRONG and five MORE than GREG ANTHONY. The Mailman can fill it up, but he can also dole it out...

MR. CASH, meet MR. BALL. MR. BALL, meet MR. RYAN. Oh baby, did that Kansas City tight end ever make me laugh when he fired that pigskin into the Oiler defensive coordinator's ugly mug after scoring that huge touchdown in the third quarter last Sunday.

It seems like a long time ago since that Sports Illustrated piece about how boring the NFL is these days. That was simply a beautiful moment in sports that could never have been scripted. I laughed for five minutes-and where have you seen that lately?...

Swim Programs At Fitness First

The children and adult swim programs at Fitness First will be resuming for eight-week courses beginning the week of January 31st, 1994. The deadline for sign-ups is January 28th.
The following is the schedule:

Mondays:

9:15 - 10:45 a.m.: Toddler Swim & Gym * Tuesdays:

9:15 - 10:45 a.m.: Baby Swim & Gym 1:00 - 2:30 p.m.: Preschool Swim & Gym 7:00 - 8:00 p.m.: Adult Swim Lessons

Wednesdays: 4:30 - 5:00 p.m.: Beginner Swim Lessons 5:15 - 6:00 p.m.: Advanced to Intermediate Swim

9:15 - 10:45 a.m.: Preschool Swim & Gym 4:30 - 5:00 p.m.: Beginner Swim Lessons 5:15 - 6:00 p.m.: Advanced to Intermediate Swim

* Fridays:

9:15 - 10:45 a.m.: Toddler Swim & Gym Saturdays:

9:00 - 10:00 a.m.: Baby Swim

10:00 - 11:00 a.m.: Toddler Swim 11:00 a.m. - 12:00 noon: Preschool Swim

For complete course descriptions, age requirements, and enrollment fees, please call Fitness First at 786-1460 or stop by at 60 North Westfield Street in Feeding Hills.

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Racing At Riverside

Riverside Announces '94 Racing Schedule

Modifieds, Pro Stocks, Late Models, and Strictly Stocks, as well as several special events for the Pro 4 Modifieds.

Highlighting the 1994 season will be the Modified Tour, Busch Grand National, NEMA Midgets, TQ Midgets, Mini Stocks, and more. The concept of a team race like the 500 will be back with a new twist. And, of course, the popular Enduro, four-cylinder Enduro, Demo's, and half-ton truck races will be back for Sunday events. The 1994 season will consist of 35-plus action-packed

The big news is for the race fans that take advantage of the 1994 VIP Season Ticket Speedway Pass. Even though more events are added to the schedule, the price is still the same as it has been since the 1990 season! Riverside's executive VIP Season Pass is a huge bargain at \$225 ... you save

VIP Plan No. 1: The Executive VIP Race Pass is the Cadillac edition. It features free VIP parking (a savings of \$105), thereby allowing its holder entrance to the amusement park for free shows, Mid-

Riverside Park Speedway has already announced its 1994 NASCAR Winston Racing Series schedule—the premiere NASCAR tour-type gate VIP stop and then head to the reserved tower seats. These chaired, arm-rest seats are your personal seats all season.

For racing, you get 17 premiere NASCAR events, five special bonuses, five premiere bonus events, seven thrill shows, the Modified tour, the Busch Grand National, and anything else that's been added for the 1994 season. All this for \$225 (good for all 35 events-a full season!).

VIP Plan No. 2: For \$210 (a savings of \$275), the VIP General Admission gets you all of the above in Plan No. 1 without the exact seat. It's for

General admission only—any seat unreserved—and it also includes free parking and much more. For either of these VIP Plans, send your check today to: Riverside Park Speedway, Executive VIP Season Pass 1994, P.O. Box 307, Agawam, MA 01001, Attn: Mary, or call (413) 786-9300 (Racing

Remember, Riverside racing starts on March 26th, 1994 with "The Big Chill," and the speedway's action continues each Saturday after that (starting at 6:00 p.m.).

Rules Defined For Riverside's Pro 4 Modified Division

Riverside Park Speedway's Pro 4 Modified Division is now considered a division with rules presented and governed by the Speedway management. Although these rules appear different in some areas than the Pro 4 club rules, they are the same in areas that allow all Pro 4 Modifieds to compete together. A special rules meeting was held in November, where Riverside's new Pro 4 class was presented.

The rules were accepted with a great deal of enthusiasm. Riverside's Pro 4 Modified class will run a limited schedule of 12 to 16 events during 1994. Most of these races are Sunday specials, with a limited selection of Saturday Pro 4 Modified showcase events.

The management of Riverside Speedway is looking to hire a person to be the Chief Technical Inspector for the Pro 4 Modified Division. The

Speedway is looking for a person who has had no connection as a working official to the Pro 4 Modified class. Track Management is looking for a new, unbiased person with a mechanical background in four-cylinder engines, or a person willing to research with interest in being involved

with the new Riverside class of Pro 4 Modifieds.
The 1994 Riverside Pro 4 Modified Division rules are available for the first time by writing to Riverside Park Speedway, P.O. Box 307, Agawam, MA 01001. When requesting rules, schedules, purses, etc., please include your exact request plus your complete mailing address for the return.

Individuals who are interest in applying for the Pro 4 Inspector's position should send resumes to the above Speedway address (to the attention of Ben Dodge, Jr., the Director of Racing), or you may call (413) 786-9300, extension, 3301, for an ap-

Starter Divisions To Be Big Part Of Riverside Racing

Riverside Park Speedway is proud to announce its grass roots divisions for 1994. These are considered the training divisions or starter classes. They are the successful Strictly Stocks and the newest Super Stock class.

Strictly Stocks run over 30 events at Riverside with a point fund and much more. The new Super Stock Division is a class that was once referred to as the old left/right type division from Stafford; this brand new class has a complete set of new rules for Riverside, and it will run on Sunday events and holidays with a strong Saturday fall schedule (about 16 events per Riverside season).

Earl McClain has been hired as the Inspector

for the Super Stock Division. McClain has 30 years of experience in racing. His association ranges from his involvements with John Lobo, Joe Catania, and Leo Mattea. He is currently the head mechanic at Sisters of St. Joseph's.

Earl joins the Riverside staff with a strong background. He was instrumental in the rules and understands the importance of grass roots racing. "I want this class to be basic fun for the beginner. I have kids that want to race. This is a great class, one step up from Enduro-style racing. It's perfect before the Strictly Stocks or Late Models," said

To show his dedication to the class, Earl Mc-Clain is aware of the problems new competitors have in building cars, so he has decided to list his phone number in order to offer his help in the building of these cars called Riverside Super Stocks. For technical info only on the Super Stocks, call (413) 536-0002, Earl McClain.

If competitors need rules, schedules, etc., they may get them by written requests only (no phone rule requests, please). Send these requests to Riverside Park Speedway, P.O. Box 307, Agawam, MA 01001, Attn: Mary (include your return address, plus your exact request information).

Riverside Speedway opens its 1994 season on March 26th with "The Big Chill." Season tickets are on sale now—just \$200 for 31 events. Call today ... (413) 786-9300, extension 3264, Attn: Mary McCormick.

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AAA Piranhas Bow To Longmeadow Agawam Athletic Asso.

The Agawam AA Piranhas swim team lost to a strong Longmeadow team 578-331 on December 11th, 1993. The meet was held at the Agawam Junior High School and included the following

Girls' 8 & under: The team of Lauren Fox, Brittany Theriaque, Jill Kos, and Julia Weisgerber placed second in the 100-yard medley relay

In the 100-yard freestyle relay, the team of Katie Gorman, Bethany Reid, Leigh Stepanian, and

Gorman, Bethany Heid, Leigh Stepanian, and Allison Morris placed second.

Jill Kos, second in 100-yard individual medley. Brittany Theriaque, second in 25-yard freestyle. Jill Kos, third in 25-yard butterfly. Brittany Theriaque, second in 50-yard freestyle. Allison Morris, third in 25-yard backstroke. Bethany Reid, first, and Johannah Kos, third in 25-yard breaststroke.

25-yard breaststroke.

Boys' 8 & under: In the 100-yard medley relay, the team of Paul Lagasse, Ben Bruso, Daniel Adamski, and Matt Lawlor placed second.

The team of Matt Lawlor, Paul Lagasse, Tim Lawlor, and Tom Gorman placed first.
Daniel Adamski, second in 25-yard freestyle.

Daniel Adamski, first, and Paul Lagasse, se-

cond in 25-yard butterfly.

Jeff Lagasse, first, and Ben Bruso, second in 25-yard breaststroke.

Girls' 9-10:

In the 200-yard medley relay, the team of Kyleigh Egan, Christina Climo, Kara Gilhooly, and Kelly Curry placed third.

The team of Kara Gilhooly, Christina Climo, Kaitlin Morris, and Hilary Golas placed third in the 200-yard freestyle.

Hilary Golas, second in 100-yard individual medley and first in 50-yard butterfly.

Amanda Fox, first in 100-yard freestyle and first

in 50-yard backstroke.

Christina Climo, third in 50-yard breaststroke. Boys' 9-10:

Brian McGuire, first in 100-yard individual

Joseph Santaniello, second in 50-yard freestyle. Nathan Adamski, second in 50-yard butterfly and second in 50-yard backstroke.

Josh Lewin, second in 50-yard breaststroke. The team of Nathan Adamski, Ryan Hanley, Joseph Santaniello, and Brian McGuire placed first in the 100-yard freestyle relay.

In the 200-yard medley relay, the team of Sarah Nacewicz, Shannon Costa, Shaunessy Egan, and

Jillian Abdow placed second; the team of Katie Theroux, Christy Roberts, Lauren Kunkler, and

Melissa Sparveri placed third.

The team of Caitlin Weisgerber, Shannon Costa, Sarah Nacewicz, and Bridget Donovan placed first in the 200-yard freestyle relay; the team of Katie Theroux, Alicyn Siano, Melissa Sparveri, and Christy Roberts placed second; and the team of Darcy Bates, Lauren Kunkler, Allison Davis, and Kimberly Ziemba placed third Davis, and Kimberly Ziemba placed third

Shaunessy Egan, second in 200-yard individual

Caitlin Weisgerber, first in 200-yard freestyle.
Jillian Abdow, first in 50-yard freestyle.
Caitlin Weisgerber, second, and Allison Pisano, third in 50-yard butterfly.

Sarah Nacewicz, first in 100-yard freestyle. Allison Pisano, second in 50-yard backstroke. Bridget Donovan, first, and Shannon Costa, second in 50-yard breaststroke.

Boys' 11-12: Nick Duquette, third in 200-yard freestyle. Tom Casiello, second, and Tom Graveline, third in 50-yard freestyle.

Jeff Robinson, third in 100-yard freestyle. Tom Casiello, second in 50-yard breaststroke. In the 200-yard freestyle relay, the team of Tom Casiello, Nick Duquette, Jeff Robinson, and Tom Graveline placed second. Girls' 13-14:

In the 200-yard medley relay, the team of Eileen Daly, Tara Rivkin, Natalie Piccin, and Marci Rackliffe placed second; the team of Kelly Robinson, Danielle Deforge, Gina Cellili, and Gina Locker placed third Leclair placed third.

Eileen Daly, first in 200-yard individual medley. Kelly Robinson, second in 50-yard freestyle. Eileen Daly, first, and Gina Cellili, third in 100-yard butterfly.

Natalie Piccin, second in 100-yard freestyle. Tara Rivkin, second in 100-yard backstroke. Danielle Deforge, third in 100-yard breaststroke. In the 200-yard freestyle relay, the team of Gina Leclair, Gina Cellili, Marci Rackliffe, and Kelly Robinson placed second.

Boys' 13-14:
Chad Abdow, second in 50-yard freestyle and third in 100-yard freestyle.

Girls' 15-18: Rachel Niemiec, first in 100-yard freestyle and first in 100-yard breaststroke.

Jonathan David, first, and Sean Sumner, se-

Chris Marshall lost his bid for his second

shutout of the season, when Springfield scored

with less than two minutes remaining in the third

In a very exciting game on December 18th, the Bulldogs avenged an earlier loss to the Ludlow

Flames with a 3-2 win at Forest Park. Both teams

played extremely well, both offensively and defen-

CJ Santaniello opened the scoring in the first

cond in 50-yard freestyle. Sean Sumner, first in 100-yard freestyle.

Barkyoumb and John Tisdell (two).

Basketball Standings

BOYS' 8-10 NATIONAL DIVISION

EAST	W	L
Gino's Package	1	0
Lions' Club	1	0
J.W. Wimpy's	0	1
Alvin's	0	1
WEST	W	L
Provin Mt. Farms	1	0
CHH Engraving	1	0
Aldrich Insurer	0	1
Rackliffe Locksmith	0	1

AMERICAN DIVISION

NORTH

Pignatare Texaco

Colonial Funeral Hollie		U
Valenti's Restaurant	0	1
Westfield Savings	0	1
SOUTH	W	L
Unico	1	0
Village Lounge	1	0
Agawam Police	. 0	1
Grimaldi & Burzdak	0	1

BOYS' 10-12

5010 1012		
AMERICAN DIVISION	W	L
Professional Traffic	2	0
E.B. Specialty Chicken	2	0
Briggs & Starr Insurance	1	1
Fran's Restaurant	0	2
Corner Deli	0	2
NATIONAL DIVISION	W	L
Spirit Shoppe	2	0
Auth Fuel	2	0
Valenti's	1	1
Agawam Opticians	0	2
Movie Mart	0	0

BOYS' 13-15 AMERICAN DIVISION Briggs and Starr Ins. **Auth Fuels** Provin Mt. Farms EB's Specialty Chicken 2

Fran's Restaurant 2	0
	0
Feeding Hills Pharmacy 1	1
Worldtek Travel 1	1
Agawam Opticians 0	2

period on a nice centering pass from John Tisdell. Other scorers were Jared Taillefer and William Kunasek (first of the season). Assisting on the goals were John Tisdell (two), Craig Dougherty, and Jason Callahan. Goalie Andy Pevlin turned

away many Ludlow scoring chances (many in the third period) to post the victory. . On December 26th, the Bulldogs and Wilbraham skated to a 3-3 tie at the Olympia in

West Springfield. Jared Taillefer had two goals, joined by Mike Czepiel. Czepiel and Taillefer each had an assist, along with defenseman David Meagher. Goalie Ames Slate played an outstanding game in net.

On December 27th, goaltending was the name of the game, as goalie Ames Slate posted a 6-0 shutout against Holy Name at the Enfield rink. Jared Taillefer scored his second hat trick of the

season to lead the way.
Other scorers were CJ Santaniello (two) and John Tisdell. Assists went to Craig Dougherty (two), Jason Callahan (two), Andy Pevlin, and William Kunasek.

This year's team is coached by Chris Wyler, Howie Pevlin, and John Tisdell.

U.S. Coast Guard To Offer Boating Class

The United States Coast Guard Auxiliary Basic Boating Class will start on January 31st from 7:00 to 9:00 p.m. and run each Monday through April

It is held at the Air National Guard Base (Barnes Airport) on Falcon Drive (next to Digital) in Westfield, Massachusetts.

It will cover boat handling, navigational rules, piloting, marine radio, etc.

A small fee will be charged for manual and materials. Otherwise, the course is free of charge. For details, call Charlie Brids at 567-8388 or Bart Gaugh at 569-5502.

BayWest Bulldogs Finished December As Undefeated Team In Hockey Action

During the month of December, the Baywest Bulldogs went undefeated, winning four of its six games played. The remaining two games ended in

The Bulldogs' season record now stands at nine wins, two losses, and two ties. The Bulldogs are also currently in first place in their division with a league record of five wins and two ties.

On December 4th, the Bulldogs staged a strong, third-period comeback to beat a muchimproved Wilbraham-Twin Meadows team in a very exciting game at the Olympia. Trailing 3-1 going into the third period, the Bulldogs scored five

unanswered goals to earn the victory.

Goal scorers were Craig Dougherty, Jared
Taillefer (two), Nick Paier, and Andy Pevlin (two). Paier and Taillefer also had one assist each. Goalie Chris Marshall played well in goal, backed by the defensive efforts of David Meagher, Jason Callahan, Nick Paier, and Eric Barkyoumb.

In a December 11th game at Holyoke, the team earned a 6-6 tie against Tri City at Fitzpatrick Rink. Both teams played very aggressively, as the lead changed hands five times throughout the game. Chris Marshall's goal with 2:07 remaining to play gave the Bulldogs the come-fored Taillefor (three

Other goal-scorers were Jared Taillefer (three-goal hat trick), John Tisdell, and CJ Santaniello. Taillefer, CJ Santaniello, and Craig Dougherty also chipped in with assists. Andy Pevlin played a strong game in goal, making several saves late in the third period to preserve the tie the third period to preserve the tie.

On December 13th, the team travelled to Enfield, where it outlasted the Springfield Capitals 4 to 1. Goal-scorers were Mike Czepiel, Jared Taillefer, CJ Santaniello, and Nick Do and Paier also had

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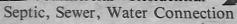
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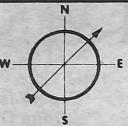
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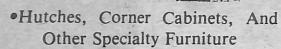
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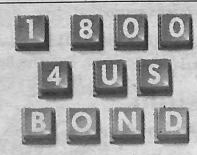


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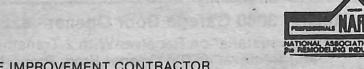
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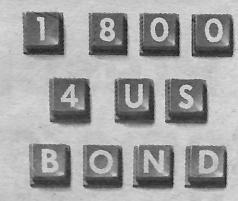
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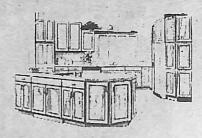
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